

Heritage Elementary August Menu



**FREE HOT BREAKFAST, FRESH
FRUIT, AND SALAD BAR DAILY
IN THE CAFETERIA!**

Apply funds to your child's
lunch account at
www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
Apply for free or reduced lunches at HESGLENDALE.HEARTLANDAPPS.com from your computer OR any smart phone! 			Back to School Breakfast Variety! Back to School Buffet Variety! Curly-Q Potatoes	Blueberry Muffin Red Delicious Apple Shrimp Poppers Grilled Cheese Mixed Veggies
31	1	2	3	4
Back to School Breakfast Variety! Back to School Buffet Buffet Variety! Baked Potato Wedges	Cinnamon UBR Juice/Craisins Teriyaki Chicken Bowl Baked Mozzarella Stix BBQ Beans	Yogurt/Gripz Banana Mini Corn Dogs Green Beans Grapes	Apple Frudel Raisins/Juice Mini Ravioli Soft Pretzel & Cheese Steamed Broccoli	Coco Dot Muffin Gala Apple Beefy Nachos BBQ Chicken Sweet Potato Fries
7	8	9	10	11
Strawberry Pop-Tart Applesauce/Raisins Cheesy Burger Chicken Nuggets Corn and Sweet Peas	Cinnamon Bun Juice/Craisins Chicken Fajitas Porky Mac & Cheese Cheesy Refried Beans	Blueberry Loaf Banana Hot Diggity Dog Vegetable Medley Sliced Peaches	Cereal Bar Raisins/Juice Sloppy Joe Chicken Parmesan Sweet Potato Fries	Super "O" Red Delicious Apple Shrimp Poppers Cheese Enchiladas Steamed Broccoli
14	15	16	17	18
Honey Bun Applesauce/Raisins MAX Pizza Baked Chicken Sandwich Carrot Coins	Banana Muffin Juice/Craisins Beefy Tomato Goulash Deli Sub Sandwich BBQ Baked Beans	 Cinnamon Bagel Banana Bean & Cheese Burrito Green Beans Mixed Fruit	Cherry Frudel Raisins/Juice Breakfast 4 Lunch Corn Dog on a Stick Curly-Q Potatoes	NO SCHOOL!
21	22	23	24	25
Cinnamon UBR Apple Sauce/Raisins Mini Chicken Tacos Boneless Chicken Wings Corn and Sweet Peas	Strawberry Pop-Tart Juice/Craisins Spaghetti and Meat Sauce Chicken Quesadilla Cheesy Refried Beans	Yogurt/Gripz Banana Tony's Round Pizza Vegetable Medley Applesauce	Mini Donuts Raisins/Juice Chicken Salad w/Roll Baked Lasagna Roll-Up Sweet Potato Fries	Strawberry Bagel Gala Apple Filet O' Fish Chicken Alfredo Steamed Broccoli
28	29	30	31	
 Cereal Bar Applesauce/Raisins Grilled Cheese Chicken Tenders Baked Potato Wedges	Cherry Frudel Juice/Craisins Beef Taco Orange Chicken Bowl Fiesta Beans	 Super "O" Banana BBQ Chicken Sandwich Green Beans Grapes	Cinnamon Bun Raisins/Juice Soft Pretzel & Cheese Baked Mozzarella Carrot Coins	

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