

Heritage Elementary School



**FRESH FRUIT & VEGGIE
BAR DAILY IN THE
CAFETERIA!**

January Menu

Apply funds to your child's lunch
account at
www.MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
			4	5
			Strawberry Pop-Tart Raisins / Juice MAX Pizza Chicken Nuggets Carrot Coins	Cinnamon UBR Gala Delicious Apple Shrimp Poppers Pork Carnitas Steamed Broccoli
8	9	10	11	12
Blueberry Muffin Apple Sauce / Raisins Hot Ham and Cheese Chili Cheese Frito Bowl Roasted Corn	Apple Loaf Juice / Craisins ! Hot Diggity Dog Teriyaki Chicken Bowl Barbecue Baked Beans	Strawberry Bagel Banana Barbecue Pulled Pork Mixed Fruit Veggie Medley	Creamy Carrot Bun Raisins / Juice Spaghetti & Meat Sauce Deli Sub Sandwich Sweet Potato Tots	Donut Fritters Sweet & Sour Apple Fish Stix Cheeseburger Steamed Broccoli
15	16	17	18	19
NO SCHOOL ! 	Cereal Bar Variety Juice / Craisins ! Meatball Sub Chicken Fajitas Refried Beans	Lemon Crunch Bar Banana PopCorn Chicken Grapes Mixed Veggies	Cinnamon Bagel Raisins / Juice Oven Baked Chicken Chick'n Eggroll & Rice Carrot Sticks	Apple Fudel Red Delicious Apple Filet O'Fish Chili Bowl / Crackers Steamed Broccoli
22	23	24	25	26
Strawberry Chex Applesauce / Raisins Crispy Clucker Beef Quesadilla Potato Smiles	Super Donut Juice / Craisins ! Stuffed Cheeseburger Taco Tuesday Barbecue Baked Beans	Mini Donuts Banana Tony's Pizza Diced Peaches Celery Sticks	Honey Bun Raisins / Juice Taco Salad Bowl Beefy Goulash Sweet Potato Fries	Mini Cinni's Gala Delicious Apple Shrimp Poppers Barbecue Chicken & Roll Steamed Broccoli
29	30	31		
Cherry Fudel Applesauce / Raisins Chicken & Waffles Baked Mozzarella Baked Potato Wedges	Cinnamon UBR Juice / Craisins ! Orange Chicken Bowl Grilled Cheese Refried Beans	Mini Donuts Banana Pepperoni Calzone Mixed Fruit Vegetable Medley		

Apply For Free or Reduced Lunches at HESGlendale.HeartlandApps.com

from your computer OR any smart phone !

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