

Heritage Elementary School

August Menu



Free Breakfast Daily! In addition to menu items, we offer choice of 1% or fat-free white, or fat-free flavored milk, cheese sticks, craisins/raisins, hard boiled eggs, and yogurt!

Apply Funds to Your Child's Lunch Account at www.myschoolbucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



Apply For Free or Reduced Lunches at HESGLENDALE.HEARTLANDAPPS.com from your computer OR any smart phone !



30	31	1	2	3
Strawberry Pop-Tart 100% Fruit Juice Chicken Poppers Grilled Cheese Baked Potato Wedges	Cinnamon UBR Apple Slices MAX Pizza Sticks Crunchy Beef Tacos Cheesy Refried Beans	Cinnamon Apple Loaf Ripe Banana Cheesy Burger Green Beans Mixed Fruit	Apple Frudel 100% Fruit Juice Chicken Eggroll/Rice Soft Pretzel & Cheese Sweet Potato Fries	Coco Dot Muffin Grapes Seafood Platter Sloppy Joe Sandwich Steamed Broccoli
6	7	8	9	10
 Cereal Bar 100% Fruit Juice Mini Corn Dogs BBQ Chicken & WG Roll Roasted Sweet Corn	Cinnamon Bun Apple Sauce Mini Chicken Tacos Breakfast 4 Lunch Fiesta Beans	Blueberry Loaf Fresh Pears Tony's Round Pizza Vegetable Medley Sliced Peaches	Cherry Muffin 100% Fruit Juice BIG CHEESE Ravioli Deli Sub Sandwich Carrot Coins	 Super "O" Red Delicious Apple Goldfish Sandwich Chicken Fajitas Steamed Broccoli
13	14	15	16	17
Honey Bun 100% Fruit Juice BBQ Rib Sandwich Beefy Steak Fingers Baked Curly Potatoes	Banana Muffin Apple Slices Orange Chicken Bowl Nacho Supreme BBQ Baked Beans	Cinnamon Bagel Ripe Banana Crispy Clucker Mixed Vegetables Fresh Grapes	 Mini Donuts 100% Fruit Juice Poriky Mac and Cheese Teriyaki Turkey Burger Sweet Potato Crinkles	Cinnamon Grippzz Grapes Crispy Fish Sticks Italian Meatball Sub Steamed Broccoli
20	21	22	23	24
Strawberry Pop-Tart 100% Fruit Juice Chicken Quesadilla Hot Ham & Cheese Bun Baked Potato Wedges	 Breakfast Bun Apple Sauce Stuffed Crust Pizza Spaghetti & Meatballs Steamed Broccoli	Coco Dot Muffin Mandarin Oranges Grilled Cheese Sandwich Green Beans Apple Sauce	 Cherry Frudel 100% Fruit Juice Oven Baked Chicken Tasty Nacho Pockets Carrot Coins	 Strawberry Bagel Gala Apple Seafood Platter Cheese Steak Sub BBQ Baked Beans
27	28	29	30	31
 Cereal Bar 100% Fruit Juice Pepperoni Lit'l Bites Chicken Tenders Roasted Sweet Corn	 Donut Fritters Apple Slices Steak/Cheese Burrito Breakfast 4 Lunch Cheesy Bean Bowl	 Super Coco "O" Ripe Banana Boneless Chick'n Wings Vegetable Medley Ripe Banana	Cinnamon Bun 100% Fruit Juice Cheese Stuffed Shells Buffalo Chickn' Calzone Sweet Potato Fries	

This Institution Is An Equal Opportunity Employer and Provider
 Reduced Price Lunch is \$0.40 and Full Price is \$2.85

