

HERITAGE ELEMENTARY SCHOOL

November Menu



Free Breakfast Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Cheese Sticks, Yogurt, Craisins or Raisins!

Apply Funds to your child's lunch Account at www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
UPCOMING THIS MONTH :				
November 9th: American Hero BBQ November 20th : Thanksgiving Feast				
				
1		2		
Blueberry Pancake Bowl Apple Sauce / Raisins		Cinnamon UBR Grapes / Fruit Juice		
Chicken Quesadilla Chicken Eggroll & Rice Sweet Potato Fries		Seafood Platter Beefy Goulash Steamed Broccoli		
5		6		7
Team Cheerios Bar! Fresh Gala Apple	Cinnamon Bun Sliced Apples / Juice	 Apple Loaf Fresh Pears	Cherry Muffin Orange Fruit Cup	Veterans Day BBQ! WG Super Donut Apple Sauce / Fruit Juice BBQ Chicken /Roll Cheeseburger  Baked Beans American Hero Fruit Cup
Grilled Chicken Sandwich Chili & WG Cornbread Shoe String Potatoes	Orange Chicken Bowl Crunchy Beef Tacos Steamed Broccoli	Tony's Pizza Vegetable Medley Diced Pears 	Bean & Cheese Burrito Grilled Cheese Sandwich Steamed Carrots	
12		13		14
 REMEMBER OUR VETERANS		Lemon Chip Bar Grapes / Fruit Juice Big Cheese Ravioli Hot Dog on a Bun Baked Tater Tots	Mini Donuts Banana / Craisins Boneless Wings Green Beans Fresh Red Grapes	Apple Frudel Apple Sauce / Raisins Lil' Nacho Bites Chicken Tenders Sweet Potato Fries
19		20		21
Cinnamon Pop tart Sweet & Sour Apple Crispy Baked Chicken Mini Corn Dogs Baked Potato Wedges	 Donut Fritters Sliced Apples / Juice Thanksgiving Day Feast ! 			
26		27		28
Team Cheerios Bar! Fresh Gala Apple Stuffed Crust Pizza Beefy Nacho Supreme Curly Fries	Cinnamon Bagel Grapes / Fruit Juice Spaghetti / Meatballs Breakfast 4 Lunch ! Mixed Vegetables	Breakfast Bun Banana / Craisins BBQ Rib Sandwich Baked Beans  Apple Sauce	Coco Dot Muffin Apple Sauce / Raisins Mini Chicken Tacos Pepperoni Lil' Bites Steamed Carrots	Mini Cinni Buns Sliced Apples / Juice Chickn' Mash Tater Bowl Cheeseburger Steamed Broccoli
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