Heritage Elementary School

Free Breakfast Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Cheese Sticks, Yogurt, craisins or raisins!

february Menu

Apply Funds to your child's lunch Account at www.myschoolbucks.com

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Monday	Tuesday	Wednesday	Thursday	Friday
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HEALTH			Fruits Grains Vegetables Protein	Cherry Apple Crunch Sliced Apples & Fruit Juice Tony's Pizza Nacho Supreme
EAT	5	6	7	Steamed Broccoli
Teacher In -Service	Apple Loaf	Raisin Bagel	Powdered ProDunker	Breakfast Bun
/abc	Sliced Apples / Juice General Tso's Chicken Crunchy Beef Tacos Cheesy Refried Beans	Fresh Pears Baked Mozzarella Green Beans	Orange Fruit Cup Chicken Nuggets Cheesy Burger Sweet Potato Fries	Apple Sauce / Fruit Juice Philly Cheese Steak Filet O' Fish Sandwich Steamed Broccoli
11	12	13	14	15
Strawberry Pop tart Sweet & Sour Apple	Apple Frudel Grapes / Fruit Juice	Mini Cinnis Fresh Bananas	Cherry Muffin Apple Sauce / Raisins	Lemon Chip Bar Sliced Apples & Fruit Juice
Bosco Pepperoni Stick	Orange Chicken Bowl	Big Daddy's Pizza	• •	Fish Sticks
Spaghetti & Meat sauce		Mixed Veggies	Boneless Wings	Oven Roasted Chicken
Baked Curly Taters	Fiesta Beans	Fresh Grapes	Carrot Coins	Steamed Broccoli
18	19	20	21	22
PRESIDENTS' DAY	Cinnamon Bagel Sliced Apples / Juice Teriyaki Chicken Bowl Chicken Fajitas Cheesy Refried Beans	Mini Donuts Fresh Pears Mesquite Chicken Green Beans Diced Peaches	Breakfast Bun Orange Fruit Cup BLT Club Sandwich Soft Pretzel w/Cheese Sweet Potato Fries	Blueberry Muffin Apple Sauce / Fruit Juice Seafood Platter Sloppy Joe's Steamed Broccoli
25	26	27	28	
Cheerios Cereal Bar Gala Apple Grilled Cheese Oven Baked Chicken Baked Potato Wedges	CoCo Dot Muffin Grapes / Fruit Juice General Tso's Chicken Crispy Clucker Baked Beans		Donut Fritters Apple Sauce / Raisins Sausage Calzone Mini Chicken Tacos Steamed Broccoli	XII
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This Institution Is An Equal Opportunity Provider				

Apply for FREE or REDUCED Lunches at HESGLENDALE.HEARTLANDAPPS.COM