

Heritage Elementary

School MARCH MENU



Free Breakfast Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Cheese Sticks, Yogurt, raisins or raisins!

Apply Funds to your child's lunch Account at www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
National School Breakfast Week March 4th -8th				1



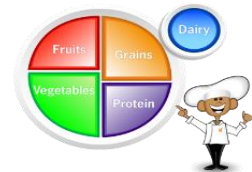
Cherry Apple Crunch
Sliced Apples / Fruit Juice
Pizza Pockets
Steak Burrito
Steamed Broccoli

4	5	6	7	8
Cheerios Cereal Bar Delicious Red Apple Nacho Supreme Mini Chicken Tacos Cheesy Refried Beans	Apple Loaf Sliced Apples / Juice Green Eggs & Ham Gold Fish Sandwich Tater Tots	Raisin Bagel Fresh Pears Boneless Wings Green Beans Diced Peaches	Powdered ProDunker Orange Fruit Cup Baked Mozzarella Sweet Potato Fries Fruit Cup	DON'T FORGET! NO SCHOOL!!!!
11	12	13	14	15



18	19	20	21	22
Strawberry Pop tart Sweet & Sour Apple Bosco Pepperoni Stick Hot Ham & Pretzel Melt Baked Curly Taters	Cinnamon Bagel Sliced Apples / Juice Crunchy Beef Tacos Chicken Nuggets BBQ Baked Beans	Mini Donuts Fresh Pears Big Daddy's Pizza Vegetable Medley Mixed Fruit	Breakfast Bun Orange Fruit Cup Oven Baked Chicken Spaghetti & Meat sauce Carrot Coins	Blueberry Muffin Apple Sauce / Fruit Juice Crispy Fish Nuggets Grilled Cheese Steamed Broccoli
25	26	27	28	29
Cheerios Cereal Bar Gala Apple Grilled Chicken Sandwich Ravioli & Meat sauce Baked Potato Wedges	Coco Dot Muffin Grapes / Fruit Juice Orange Chicken Bowl Chicken Fajitas Cheesy Refried Beans	Cherry Frudel Fresh Bananas Nacho Pockets Green Beans Fresh Red Grapes	Donut Fritters Apple Sauce / Raisins Sausage Calzone Cheesy Enchiladas Sweet Potato Fries	Lemon Chip Crunch Sliced Apples / Fruit Juice Seafood Platter Cheeseburger Steamed Broccoli

Meal Price - \$2.85
Reduced Price - \$0.40
Ala Carte Milk - \$0.50
Side Fruit/Vegetable \$0.75
Adult Meal - \$3.50



This Institution Is An Equal Opportunity Provider

Apply for FREE or REDUCED Lunches at HESGLENDALE.HEARTLANDAPPS.COM