

Heritage Elementary School

DECEMBER MENU



Free Breakfast In the Classroom Daily! In addition to menu items, we offer Fat Free or 1% FF Milk, Fresh Fruit and Juice Variety !

Apply Funds to your child's lunch Account at www.myschoolbucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Cheerios Cereal Bar Craisins / Fruit Juice Chicken Nuggets Mini Corn Dogs Potato Smiles	Cherry Apple Crunch Bar Fresh Bananas Beef Walking Taco BBQ Chicken w/Roll Oven Baked Beans	Donut Fritters Apple Sauce / Fruit Juice Tony's Pizza Sliced Sweet Pears Vegetable Medley	Cinnamon UBR Sweet & Sour Apple Chicken Alfredo Pulled Pork Sandwich Sweet Potato Fries	Cherry Muffin Fresh Grapes / Fruit Juice Filet 0' Fish Sandwich Chik'n Mashed Tater Bowl Steamed Broccoli
9	10	11	12	13
Lemon Chip Crunch Bar Rainbow Gala Apple Stuffed Crust Pizza Soft Pretzel w/Cheese Shoe String Fries	Cinnamon Cream Bagel Apple Chips / Fruit Juice Chili Bowl w/Cornbread Mini Chicken Tacos Cheesy Refried Beans	Blueberry Muffin Fresh Pears Boneless Wings Mixed Fruit Green Beans	Cherry Frudel Sliced Apples / Fruit Juice Chicken Fajitas Sloppy Joe's Carrot Coins	Mini Donuts Mini Oranges / Fruit Juice Crispy Fish Sticks Beefy Mac' & Cheese Steamed Broccoli
16	17	18	19	20
Strawberry Pop Tart Craisins / Fruit Juice Chicken Waffle Sandwich Nacho Supreme Curley Baked Potatoes	Breakfast Honey Bun Fresh Bananas Orange Chicken Bowl Hot Diggity Dog Oven Baked Beans	Coco Dot Muffin Apple Sauce / Fruit Juice Cheesy Burger Sliced Sweet Pears Mixed Vegetables	Mini Cinni's Red Delicious Apple Hot Ham/Cheese Bun Beefy Goulash Steamed Broccoli	Cinnamon Raisin Bagel Fresh Grapes / Fruit Juice Bosco Stiek Celery Sticks / Ranch Mixed Fruit

Meal Price - \$2.85
 Reduced Meal Price- \$0.40
 Ala Carte Milk - \$0.50
 Side Fruit/Vegetable \$0.75
 Adult Meal Lunch - \$3.65

Did you know : Apples were the first known Christmas tree decorations. Many parts of the Christmas tree can actually be eaten, the needles are a source of vitamin C. Putting tangerines in stockings comes from 12th century French who left socks full of fruits to the poor.

This Institution Is An Equal Opportunity Provider
 Apply for FREE or REDUCED Lunches at HESGlendale.schoolunchapp.com