

HERITAGE ELEMENTARY SCHOOL NOVEMBER MENU



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

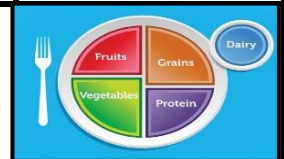
Grab and GO Meals for pick up on site!
Available Monday & Wednesday
From 7:30 AM - 9:00 AM

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Strawberry Pop-Tart Cherry Craisins Stuffed Crust Pizza Potatoes Smiles Fruit Cocktail	Mini Cinnamon Rolls Golden Bananas Taco Tuesday Refried Beans Fruit Salad	 Honey Bun Apple Sauce Grilled Cheese Mixed Vegetables Sweet Oranges	Mini Fritters Rainbow Gala Apple Beefy Meatballs Mashed Potatoes Mixed Fruit	Cherry Apple Crunch Fresh Grapes Chicken Posole Steamed Broccoli Golden Bananas
9	10	11	12	13
Cheerios Cereal Bar Strawberry Apple Chips Baked Mozzarella Green Beans Sweet Oranges	Blueberry Muffin Fresh Fruit Variety Pork Carnitas Fiesta Beans Fresh Grapes	 THANK YOU VETERANS <small>Veterans Day - November 11</small>	Mini Donuts Sweet and Sour Apple Crispy Baked Chicken Roasted Corn Fruit Salad	Cherry Frudel Fruit Cup Cheesy Beef Burger Steamed Broccoli Juicy Red Plums
16	17	18	19	20
Fudge Pop-Tart Cherry Craisins BBQ Chicken Drums Curly Q Potatoes Fruit Cup	Lemon Chip Crunch Golden Bananas Spaghetti & Meatballs Mixed Vegetables Sweet Oranges	Coco Dot Muffin Apple Sauce Pepperoni Stick Green Beans Juicy Red Plums	Strawberry Bagel Red Delicious Apple Pulled Pork Sweet Potato Fries Tangy Nectarines	Cinnamon UBR Fresh Grapes Hot Diggity Dog BBQ Baked Beans Fruit Salad
23	24	25	26	27
Trix Cereal Bar Strawberry Apple Chips Soft Pretzel & Cheese Mixed Vegetables Fresh Fruit Variety	Mini Donuts Apple Sauce Thanksgiving Feast 			
30				

Strawberry Pop-Tart
Strawberry Craisins
Chicken Tenders
Green Beans
Juicy Red Plums



All meals are served with fat free or low-fat milk!
All juice items are 100% Fruit Juice!



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THIS MENU IS SUBJECT TO CHANGE
Apply for FREE or REDUCED Lunches at HESGLENDALE.Schoollunchapp.com



HERITAGE



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

ELEMENTARY SCHOOL

Grab and GO Meals for pick up on site!
Available Monday & Wednesday
From 7:30 AM - 9:00 AM

November Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
Strawberry Pop-Tart Cherry Craisins Stuffed Crust Pizza Bean / Cheese Burrito Potatoes Smiles Fruit Cocktail	Mini Cinnamon Rolls Golden Bananas Taco Tuesday Cheesy Beef Burger Refried Beans Fruit Salad	Honey Bun Apple Sauce Grilled Cheese Chili Dogs Mixed Vegetables Sweet Oranges	Mini Fritters Rainbow Gala Apple Beefy Meatballs Boneless Buffalo Wings Mashed Potatoes Mixed Fruit	Cherry Apple Crunch Fresh Grapes Chicken Posole Nacho Supreme Steamed Broccoli Golden Bananas
9	10	11	12	13
Cheerios Cereal Bar Strawberry Apple Chips Baked Mozzarella Mini Corn Dogs Green Beans Sweet Oranges	Blueberry Muffin Fresh Fruit Variety Pork Carnitas Spicy Chicken Sandwich Fiesta Beans Fresh Grapes	THANK YOU VETERANS <small>Veteran Day - November 11</small>	Mini Donuts Sweet and Sour Apple Crispy Baked Chicken Stuffed Crust Pizza Roasted Corn Fruit Salad	Cherry Frudel Fruit Cup Cheesy Beef Burger Spicy Chicken Tenders Steamed Broccoli Juicy Red Plums
16	17	18	19	20
Fudge Pop-Tart Cherry Craisins BBQ Chicken Drums Nacho Supreme Curly Q Potatoes Fruit Cup	Lemon Chip Crunch Golden Bananas Spaghetti & Meatballs Bean / Cheese Burrito Mixed Vegetables Sweet Oranges	Coco Dot Muffin Apple Sauce Pepperoni Stick Cheesy Beef Burger Green Beans Juicy Red Plums	Strawberry Bagel Red Delicious Apple Pulled Pork Mini Corn Dogs Sweet Potato Fries Tangy Nectarines	Cinnamon UBR Fresh Grapes Chili Dogs Spicy Chicken Sandwich BBQ Baked Beans Fruit Salad
23	24	25	26	27
Trix Cereal Bar Strawberry Apple Chips Soft Pretzel & Cheese Stuffed Crust Pizza Mixed Vegetables Fresh Fruit Variety	Mini Donuts Apple Sauce Thanksgiving Feast 	<p>All Middle School Students May Choose From The Following Options Daily : Fresh Fruit, Fruit Juice, Hot Vegetables as listed or Side Salad ! Not that hungry? Check out our new <u>"Smart Snack Bar"</u> Options ! </p>		
30	Happy Thanksgiving			
Strawberry Pop-Tart Strawberry Craisins Chicken Tenders Boneless Buffalo Wings Green Beans Juicy Red Plums				All meals are served with fat free or low-fat milk! All juice items are 100% Fruit Juice!

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NOVEMBER 2020 SNACK MENU

HERITAGE ELEMENTARY SCHOOL

Monday	Tuesday	Wednesday	Thursday	Friday
Cheddar Chex Mix 2 100 % Fruit Juice	Apple Slices 3 Fat Free Milk	Graham Crackers String Cheese 4 100 % Fruit Juice	Chocolate Elf Grahams 5 100 % Fruit Juice	Strawberry Nutrigrain Bar 6 100 % Fruit Juice
WG Nacho Cheese Doritos 9 100 % Fruit Juice	Strawberry Chex Mix 10 100 % Fruit Juice	No School Today! 11	Goldfish Pretzels 12 100 % Fruit Juice	WG Cheez ITZ 13 100 % Fruit Juice
Rainbow Goldfish Crackers 16 100 % Fruit Juice	WG Baked Cheetos 17 100 % Fruit Juice	Chocolate Elf Grahams 18 100 % Fruit Juice	Graham Crackers String Cheese 19 100 % Fruit Juice	Cheddar Chex Mix 20 100 % Fruit Juice
Strawberry Nutrigrain Bar 23 100 % Fruit Juice	WG Nacho Cheese Doritos 24 100 % Fruit Juice	No School Today! 25	No School Today! 26	No School Today! 27
WG Baked Cheetos 30 100 % Fruit Juice				

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