

# Heritage Elementary School

## September Menu

Free School Meals Rock!



Monday	Tuesday	Wednesday	Thursday	Friday
<b>EAT THE RAINBOW</b>				
		 Super Donut Apple Slices Beef Quesadilla Broccoli Bites Sliced Peaches	Cherry Apple Crunch Raspberry Raisins Bosco Stick Baby Carrots Mixed Berries 	 <b>No School</b>
<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	Team Cheerios Bar Watermelon Raisins Mini Corn Dogs Carrot Sticks Sliced Peaches 	 Mini Donuts Apple Sauce Cheese Burger Spring Salad Mix Sweet Orange Slices	Carrot Muffin Rainbow Gala Apple Chicken Taquitos Elote Street Corn Fresh Fruit Variety	 Cinnamon UBR Grape Escapes Hot Ham & Cheese Bun Steamed Broccoli Mixed Berries
<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>
Fudge Pop-Tart Raspberry Craisins French Bread Pizza Celery Sticks Fruit Cocktail 	Cinnamon Bagel Bar Golden Bananas Pork Carnitas Mexicali Corn Fresh Fruit Variety	Pumpkin Bread Fruitocracy Grilled Cheese Baked Beans Mixed Berries	 Donut Fritters Sweet & Sour Apple Spaghetti/Meat Sauce Broccoli Bites Sweet Orange Slices	Blueberry Muffin Apple Slices Crispy Clucker Carrot Sticks Melon Medley 
<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>
Cinnamon Toast Bar Strawberry Apple Chips Breakfast 4 Lunch! Crispy Tater Tots Diced Pears 	Glazed Honey Bun Golden Bananas Taco Tuesday Refried Beans Cinnamon Apples	 Banana Loaf Apple Sauce Nacho Pocket Sweet Potato Fries Fresh Fruit Variety	Lemon Chip Crunch Red Delicious Apple Orange Chicken Bowl Steamed Broccoli Melon Medley	 Mini Cinni's Grape Escapes Pulled Pork Sandwich Celery Sticks Mixed Berries
<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	
Strawberry Pop-Tart Apple Sauce Stuffed Crust Pizza Mixed Vegetables Sliced Peaches	 Cherry Frudel Golden Bananas Cheeseburger Potato Wedges Fresh Grapes 	Co Co Dot Muffin Fruitocracy Boneless Wings Baby Carrots Sweet Orange Slices	 Mini Donuts Apple Slices Carne Asada Bowl Charro Beans Melon Medley 	

All breakfasts include low-fat milk and a choice of string cheese, or yogurt in addition to entrees and fruit selection!

**ALL MEALS ARE FREE FOR ALL STUDENTS ALL YEAR !**  
 All households should still apply for free/reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!



This Institution Is An Equal Opportunity Provider

THIS MENU IS SUBJECT TO CHANGE

Apply for FREE or REDUCED Lunches at [HESGLENDALE.Schoollunchapp.com](http://HESGLENDALE.Schoollunchapp.com)



# SEPTEMBER 2021 SNACK MENU

## Heritage Elementary School



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



No School Today!

**WG Cheez-Its**  
100% Fruit Juice

**Graham Crackers**  
**String Cheese**  
100% Fruit Juice

**Apple Cinnamon**  
**Nutri-Grain Bar**  
100% Fruit Juice

**WG Cheddar**  
**Chex Mix**  
100% Fruit Juice

**Cinnamon Elf**  
**Grahams**  
100% Fruit Juice

**WG Goldfish**  
**Pretzels**  
100% Fruit Juice

**Baked BBQ**  
**Crisps**  
100% Fruit Juice

**Harvest Cheddar**  
**Sun Chips**  
100% Fruit Juice

**Strawberry Cream**  
**Chex Mix**  
100% Fruit Juice

**WG Nacho Cheese**  
**Doritos**  
100% Fruit Juice

**Graham Crackers**  
**String Cheese**  
100% Fruit Juice

**WG Baked Cheetos**  
100% Fruit Juice

**Blueberry**  
**Nutri-Grain Bar**  
100% Fruit Juice

**WG Cheez-Its**  
100% Fruit Juice

**Chocolate Elf**  
**Grahams**  
100% Fruit Juice

**Rainbow**  
**Goldfish Crackers**  
100% Fruit Juice

**Baked BBQ**  
**Crisps**  
100% Fruit Juice

**Strawberry Cream**  
**Chex Mix**  
100% Fruit Juice



[Enter Additional Info]



PAY FOR MEALS ONLINE  
MySchoolBucks.com