

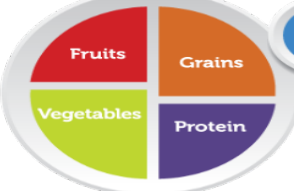
Heritage Elementary School Glendale



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

September Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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Free Breakfast and Lunch for all students!



1	2	3	4	5
	<i>Cinnamon Rolls</i> <i>Red Apple Slices</i> <i>Hash Brown Patties</i> Chicken Tenders / Roll Breakfast 4 Lunch! Tater Smiles Mixed Fruit	 <i>Biscuits / Gravy</i> <i>Sliced Pears</i> <i>Sausage Links</i> Backyard Grill Burger Baby Carrots / Ranch Fresh Grapes	 <i>Blueberry Oatmeal</i> <i>Golden Bananas</i> <i>Scrambled Eggs</i> Rotini & Meat Sauce Grilled Cheese Broccoli Bites Sweet Orange Slices	<i>Breakfast Sandwich</i> <i>Cinnamon</i> <i>Vanilla Yogurt</i> Chicken Posole Deli Sub Sandwich Refried Beans Sliced Watermelons
8	9	10	11	12
 <i>Breakfast Bites</i> <i>Mixed Fruit</i> <i>Crispy Bacon</i> Walking Taco Mesquite Chicken/Roll Mexicali Corn Sweet Orange Slices	 <i>Breakfast Burrito</i> <i>Sliced Pears</i> <i>Strawberry Yogurt</i> Beef Teriyaki Bowl Cheesy Calzone Steamed Broccoli Fresh Grapes	 <i>Apple Frudel</i> <i>Fuzzy Peaches</i> <i>Sausage Links</i> Regular or Spicy Boneless Wings / Roll Baby Carrots / Ranch Berry Kiwi Sidekick	 <i>Sausage Bagels</i> <i>Fresh Grapes</i> <i>Potato Baby Cakes</i> Beef Taco Crisp Up's Hot Diggity Dog BBQ Baked Beans Cinnamon Apple Slices	 <i>Mini Donuts</i> <i>Sliced Strawberries</i> <i>Scrambled Eggs</i> Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley
15	16	17	18	19
<i>Super Pumpkin Bread</i> <i>Fresh Fruit Variety</i> <i>Cheese Cubes</i> Beefy Nacho Supreme Baked Mozzarella Curly Q Potatoes Sliced Peaches	<i>Homestyle Waffles</i> <i>Golden Apple Slices</i> <i>Sausage Links</i> Mandarin Chicken Bowl French Bread Pizza Broccoli Bites Sweet Orange Slices	<i>Apple Cinnamon Oatmeal</i> <i>Golden Bananas</i> <i>Hash Brown Patties</i> Regular or Spicy Beef Taco Stick Baby Carrots / Ranch Fresh Grapes	 <i>Strawberry Bagel Bar</i> <i>Purple Plums</i> <i>Crispy Bacon</i> Sloppy Joe Porky Mac & Cheese BBQ Baked Beans Sliced Watermelons	<i>Egg / Cheese Flatbread</i> <i>Nectarines</i> <i>Strawberry Go-Gurt</i> Crispy Fish Tacos Buffalo Chicken Wrap Zesty Green Beans Sweet & Sour Apples
22	23	24	25	26
<i>Mini Caramel Cinnis</i> <i>Red Apple Slices</i> <i>Sausage Links</i> Baked Chicken Drum Bosco Pepperoni Stick Roasted Corn Fruit Cocktail	<i>French Toast Sticks</i> <i>Diced Pears</i> <i>Potato Baby Cakes</i> Beef Quesadilla Crispy Clucker Refried Beans Mixed Berries	 <i>Double Chocolate Muffin</i> <i>Fuzzy Peaches</i> <i>Crispy Bacon</i> Chicken Poppers / Roll Baby Carrots / Ranch Sour Cherry Sidekick	<i>Chicken Waffle Sandwich</i> <i>Sliced Strawberries</i> <i>Peach Yogurt</i> Chicken Alfredo Italian Meatball Sub Steamed Broccoli Sweet Orange Slices	
29	30	<div style="background-color: #ADD8E6; padding: 10px; text-align: center;"> Friendly Reminder - Heritage Elementary will be providing <u>HOT</u> Breakfast with many additional offerings on the fruit bar in the cafeteria daily! </div>		
<i>Blueberry Pancakes</i> <i>Mixed Fruit</i> <i>Cheese Cubes</i> Mozzarella Dunkers Mini Corn Dogs Baked Potato Wedges Cinnamon Apple Slices	 <i>Breakfast Sandwich</i> <i>Golden Bananas</i> <i>Vanilla Yogurt</i> Chicken Eggroll / Rice Crispy Cheese Taquitos Broccoli Bites Fresh Grapes			

Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider

Heritage Elementary School

September Snack Menu 2025



Monday

NO SCHOOL
TODAY

Tuesday

WG Cinnamon
Roll Crackers

100 % Fruit Juice

Wednesday

Chex Mix

Apple Slices
&
Orange Craisins

Thursday

WG White
Nacho Cheese
Doritos

100 % Fruit Juice

Friday

WG Chocolate
Chip Oatmeal
Bar
&
String cheese

WG Graham
Crackers
&
String Cheese

WG Scooby –
Doo Crackers

100 % Fruit Juice

Cheez – Its

Fresh Fruit
&
Lemonade Craisins

WG Maple
Waffle Crackers

100 % Fruit Juice

WG Rice
Krispie
Treat

Cheese Cubes

Rainbow
Goldfish
Crackers
&
String cheese

WG White
Cheddar
Popcorn

100 % Fruit Juice

Chex Mix

Apple Slices
&
Strawberry Craisins

WG Cheddar
Sun chips

100 % Fruit Juice

WG Double
Chocolate Oatmeal
Bar

String cheese

WG Graham
Crackers
&
String Cheese

WG Cinnamon
Roll Crackers

100 % Fruit Juice

Cheez – Its

Fresh Fruit
&
Watermelon Craisins

Goldfish Pretzel
Crackers

100 % Fruit Juice

NO SCHOOL
TODAY

WG White
Nacho Cheese
Doritos

100 % Fruit Juice

WG White
Cheddar
Popcorn

Cheese Cubes

