Heritage Elementary School Glendale

DECEMBER MENU



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday 🎒	Tuesday 🌠	🌊 Wednesday 🧖	🦰 Thursday	Friday Friday

	Dairy			
Fruits	rains			
Vegetables				
Vegetables	rotein			
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1	2	3	4	5
French Toast Sticks	Breakfast Pizza	Mini Caramel Cinnis	Blueberry Muffin Top	· ·
Peach Slices	Applesauce	🥻 Fruit Cocktail	Fuzzy Kiwi	Sliced Strawberries
Strawberry Go-Gurt	Hashbrown Patties	Sausage Links	Scrambled Eggs	Crispy Bacon
Chili Frito Bowl	Chicken Quesadilla	Spicy or Regular	Teriyaki Chicken & Rice	Chicken Tater Bowl
Breakfast 4 Lunch!	Spaghetti & Meat Sauce	Beef Taco Stick	Grilled Cheese	Pepperoni Calzone
Emoji Smile Potatoes	Broccoli Bites	Baby Carrots / Ranch	BBQ Baked Beans	Mixed Salad Greens
Applesauce	Sweet Orange Slices	Pineapple Fruit Cup	Fresh Grapes	Cinnamon Apples
8	9	10	11	12
8 Cinnamon UBR	9 <i>Blueberry Pancakes</i>	10 Egg & Cheese Flatbread		12 Breakfast Bites
Cinnamon UBR Fresh Grapes	Blueberry Pancakes Sliced Strawberries			
3_0	1	Egg & Cheese Flatbread	Strawberry Bagel Bar	Breakfast Bites
Fresh Grapes	Sliced Strawberries Sausage Links Chili & Cornbread Bowl	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll	Strawberry Bagel Bar Applesauce Crispy Bacon	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries 15 Apple Frudel	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries 15 Apple Frudel Mixed Berries	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin Diced Pears	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts Sliced Strawberries
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries 15 Apple Frudel Mixed Berries String Cheese	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi Peach Yogurt	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches Sausage Links	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries 15 Apple Frudel Mixed Berries String Cheese Nacho Supreme	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi Peach Yogurt Chicken Alfredo / Roll	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin Diced Pears Crispy Bacon	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches Sausage Links Wonder Nuggets / Roll	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce Mini Donuts Sliced Strawberries Scrambled Eggs
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries Apple Frudel Mixed Berries String Cheese Nacho Supreme Bosco Pepperoni Stick	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi Peach Yogurt Chicken Alfredo / Roll Meatball Sub Sandwich	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin Diced Pears Crispy Bacon Backyard Grill Burger	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches Sausage Links Wonder Nuggets / Roll Vegetable Medley	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts Sliced Strawberries Scrambled Eggs NO LUNCH
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries 15 Apple Frudel Mixed Berries String Cheese Nacho Supreme Bosco Pepperoni Stick Curly Q Potatoes	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi Peach Yogurt Chicken Alfredo / Roll Meatball Sub Sandwich Broccoli Bites	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin Diced Pears Crispy Bacon Backyard Grill Burger Baby Carrots / Ranch	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches Sausage Links Wonder Nuggets / Roll Vegetable Medley Baked Cinnamon Apples	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts Sliced Strawberries Scrambled Eggs NO LUNCH TODAY!
Fresh Grapes Vanilla Yogurt Baked Mozzarella Chicken Tenders / Roll Baked Potato Wedges Mixed Berries Apple Frudel Mixed Berries String Cheese Nacho Supreme Bosco Pepperoni Stick	Sliced Strawberries Sausage Links Chili & Cornbread Bowl Chicken Fajitas Steamed Broccoli Sliced Pears 16 Breakfast Sandwich Fuzzy Kiwi Peach Yogurt Chicken Alfredo / Roll Meatball Sub Sandwich	Egg & Cheese Flatbread Golden Bananas Potato Baby Cakes Regular or Spicy Boneless Wings / Roll Celery Sticks / Ranch Fresh Grapes 17 Carrot Muffin Diced Pears Crispy Bacon Backyard Grill Burger	Strawberry Bagel Bar Applesauce Crispy Bacon Chicken Posole Deli Sub Sandwich Fiesta Beans Sweet Oranges Slices 18 Baked Cinnamon Rolls Sliced Peaches Sausage Links Wonder Nuggets / Roll Vegetable Medley	Breakfast Bites Sliced Peaches Peach Yogurt Cheese Or Pepperoni Pizza Mixed Salad Greens Applesauce 19 Mini Donuts Sliced Strawberries Scrambled Eggs NO LUNCH



Friendly Reminder - Heritage Elementary will be providing <u>HOT</u> Breakfast with many additional offerings on the fruit bar in the cafeteria daily!





HERITAGE ELEMENTARY SCHOOL

DECEMBER SNACK MENU

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1	Monday	Tuesday	Wednesday	Thursday	Friday
100	Rainbow	WG Cinnamon 2	Cheez – Its 3	WG White 4	WG Rice 5
	Goldfish	Crisp		Cheddar	Krispie
CAR	Crackers	Crackers	Fresh Fruit	Popcorn	Treat
W	&		&	i i	
×	Cheese Cubes	100 % Fruit Juice	Lemonade Craisins	100 % Fruit Juice	Cheese Cubes
ž	WG White 8	WG Cheddar 9	Chex Mix 10		WG Fudge 12
	Nacho Cheese	Sun chips		WG Bunny Friends	Pop-Tart
	Doritos		Apple Slices	Graham	&
RVE		2	&	& String Cheese	Ek .
04	100 % Fruit Juice	100 % Fruit Juice	Orange Craisins		100 % Fruit Juice
378	WG 15	Pretzel 16	Chex Mix 17	WG Chocolate 18	19 7
	Vanilla Chat Snacks	Goldfish		Chip Oatmeal	NO Aftercare
	Grahams	Crackers	Apple Slices	Bar	Today 🚜
+:	&	&	&	&	50
, ,	Cheese Cubes	100 % Fruit Juice	Strawberry Craisins	100 % Fruit Juice	
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