

## Heritage Elementary School Williams November Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1/6/2017	11/7/2017	11/8/2017	11/9/2017	11/10/2017
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Veterans Day
Cocoa Puffs Cereal	Mini Cinnamon Bagel	Cinnamon Toast Cereal	Whole-Wheat Pan Dulce	No School
Cherry Frudel	Bugs Bites GrahamCracker	Whole-Grain Cinnamon Pop-Tart	String Cheese Stick	
Milk	Milk	Milk	Milk	
and	and	and	and an	
100% Grape Juice	Sliced Apples	Fresh Grapes	Applesauce Cup	
/13/2017	11/14/2017	11/15/2017	11/16/2017	11/17/2017
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Bagel with Cream Cheese	Mini-Wheats Cereal	Whole-Wheat Pan Dulce	Apple Cinnamon Muffin
Apple Nutri-Grain	Scooby Doo Graham Sticks	Whole-Grain Strawberry Pop-Tart	Cheddar Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and an	and	and	and
100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apples	100% Orange Juice
/20/2017	11/21/2017	11/22/2017	11/23/2017	11/24/2017
Select 2 items:	Select 2 items:	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
Trix Cereal	Mini Strawberry Bagel	No School	No School	No School
Apple Frudel	Bug Bites Graham Cracker			
Milk	Milk			
and	and a			
100% Grape Juice	100% Grape Juice			
./27/2017	11/28/2017	11/29/2017	11/30/2017	12/1/2017
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Froot Loop Cereal	Bagel with Cream Cheese	Lucky Charms Cereal	Whole-Wheat Pan Dulce	Blueberry Muffin
Strawberry Nutri-Grain	French Toast Crackers	Whole-Grain Cinnamon Pop-Tart	Cheddar Cheese Stick	Go-Gurt
			Milk	Milk
Milk	Milk	Milk	IVIIK	IVIIIN
•	Milk and an	Milk and	and	and



Choice of Fat-Free or 1% White Milk available for breakfast.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.



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Monday	Tuesday	Wednesday	Thursday	Friday
1/6/2017	11/7/2017	11/8/2017	11/9/2017	11/10/2017
Cheeseburger	Ham & Cheese Deli Sub	Chicken Fajitas	Mini Corn Dogs	Veterans Day
Smile Potatoes	Sweet Potato Tots	Whole-Grain Tortilla	Barbecue Beans	No School
Chilled Diced Peaches	Banana	Celery Sticks	Orange Slices	
Milk	Milk	Mixed Fruit	Milk	
		Salsa		
		Milk		
/13/2017	11/14/2017	11/15/2017	11/16/2017	11/17/2017
Chicken Pattie Sandwich	Sweet and Sour Chicken	Chili Hot Dog	Cheese Quesadilla	Pretzel and Cheese
Sweet Potato Tots	with Rice	Sweet Potato Tots	Refried Beans	Green Beans
Chilled Diced Peaches	Steamed Broccoli Florets	Mixed Fruit	Diced Pears	Diced Pears
Milk	Banana	Milk	Milk	Milk
	Milk			
1/20/2017	11/21/2017	11/22/2017	11/23/2017	11/24/2017
Stuffed Meatloaf	Crispy Drumstick	Thanksgiving Break	Thanksgiving Break	Thanksgiving Break
Crinkle-Cut French Fries	Steamed Broccoli Florets	No School	No School	No School
Chilled Diced Peaches	Apple			
Milk	Whole-Grain Biscuit			
	Milk			
1/27/2017	11/28/2017	11/29/2017	11/30/2017	12/1/2017
BBQ Chicken Sandwich	Maple Mini Pancakes	Whole-Grain Grilled Cheese	Chicken Taco Bowl	Pepperoni Pizza on a
	Sausage Patty	Sandwich	Refried Beans	Whole-Grain Crust
Sweet Potato Fries	Oddsage r ally			
Sweet Potato Fries Chilled Diced Peaches	Smile Potatoes	Green Beans	Fresh Grapes	Garden Salad with Italian Dressing
		Green Beans Mixed Fruit	Fresh Grapes Salsa	Garden Salad with Italian Dressing Diced Pears



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