



Heritage Elementary School Williams May Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/1/2017	5/2/2017	5/3/2017	5/4/2017	5/5/2017
Select 2 items: Whole-Grain Cheerios Cereal Apple Nutri-Grain Milk and Cherry Craisins	Select 2 items: Mini Strawberry Bagel Scooby Doo Graham Sticks Milk and an Applesauce Cup	Select 2 items: Mini-Wheats Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
5/8/2017	5/9/2017	5/10/2017	5/11/2017	5/12/2017
Select 2 items: Whole-Grain Cocoa Puffs Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Strawberry Craisins	Select 2 items: Whole-Grain Cinnamon Toast Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Milk and Very Strawberry Applesauce	Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk and Cherry Craisins
5/15/2017	5/16/2017	5/17/2017	5/18/2017	5/19/2017
Select 2 items: 1/3-Less-Sugar Froot Loop Cereal Strawberry Nutri-Grain Milk and Cherry Craisins	Select 2 items: Mini Strawberry Bagel French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Whole-Grain Lucky Charms Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and Sliced Apples	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice
5/22/2017	5/23/2017	5/24/2017	5/25/2017	5/26/2017
Select 2 items: 1/3-Less-Sugar Trix Cereal Apple Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and Cherry Craisins	Select 2 items: Whole-Grain Cinnamon Pop-Tart Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes		

Choice of Fat-Free or 1% White Milk available for breakfast.
Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.



Heritage Elementary School Williams May Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
5/1/2017	5/2/2017	5/3/2017	5/4/2017	5/5/2017
Whole-Grain Chicken Patty on a Whole-Wheat Bun Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lit'l Smokies Ranch Beans Mixed Fruit Whole-Grain Tortilla Milk	Bean & Cheese Chalupa Carrot Sticks Fresh Grapes Milk Salsa	Whole-Grain Spaghetti with Meat Sauce Garden Salad with Italian Dressing Diced Pears Wheat Breadstick Milk
5/8/2017	5/9/2017	5/10/2017	5/11/2017	5/12/2017
Cheeseburger on a Whole-Grain Bun Smile Potatoes Chilled Diced Peaches Milk	Turkey-Cheese Sandwich on a Whole-Grain Goldfish Bun Sweet Potato Tots Banana Milk	Beef Taco Bowl Celery Sticks Mixed Fruit Salsa Milk	Whole-Grain Turkey Corn Dog Baked Beans Orange Slices Milk	Cheese Stick with Sauce Garden Salad with Italian Dressing Applesauce Milk
5/15/2017	5/16/2017	5/17/2017	5/18/2017	5/19/2017
Hamburger on a Whole-Grain Bun Crinkle-Cut French Fries Chilled Diced Peaches Milk	Barbecue Chicken Drumstick Steamed Broccoli Florets Apple Whole-Grain Biscuit Milk	Turkey Hot Dog on a Whole-Grain Bun Sweet Potato Tots Mixed Fruit Milk	Cheese Quesadilla Refried Beans Diced Peaches Milk	Pepperoni Pizza on Whole-Grain Crust Green Beans Diced Peaches Milk
5/22/2017	5/23/2017	5/24/2017	5/25/2017	5/26/2017
Chef's Choice	Chef's Choice	Half-Day, No Lunch No After-School		

Choice of Fat-Free or 1% White Milk available for breakfast.
Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

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