

## Heritage Elementary School Williams August Breakfast Menu



		August Di Cakiast ivid	SIIG	
Monday	Tuesday	Wednesday	Thursday	Friday
/6/2018	8/7/2018	8/8/2018	8/9/2018	8/10/2018
	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
	Mini Cinnamon Bagel	Cinnamon Toast Cereal	Pan Dulce	Choc. Chip WG Muffin
	Bug Bites	Cinnamon Pop-Tart	String Cheese Stick	Go-Gurt
	Milk	Milk	Milk	Milk
	and a	and	and a	and
	Sliced Apple	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice
13/2018	8/14/2018	8/15/2018	8/16/2018	8/17/2018
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cheerios Cereal	Bagel with Cream Cheese	Lucky Charms Cereal	Pan Dulce	Apple Cinnamon Muffin
Apple Nutri-Grain	Scooby Doo Graham Sticks	Strawberry Pop-Tart	Cheddar Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and an	and	and a	and
100% Grape Juice	Applesauce Cup	Fresh Grapes	Sliced Apple	100% Orange Juice
/20/2018	8/21/2018	8/22/2018	8/23/2018	8/24/2018
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Cocoa Puffs Cereal	Mini Cinnamon Bagel	Apple Jacks Cereal	Pan Dulce	Whole-Grain Banana Muffin
Cherry Frudel	Bug Bites Graham Cracker	Cinnamon Pop-Tart	String Cheese Stick	Go-Gurt
Milk	Milk	Milk	Milk	Milk
and	and a	and	and a	and
100% Grape Juice	Sliced Apple	Fresh Grapes	Very Strawberry Applesauce	100% Orange Juice
27/2018	8/28/2018	8/29/2018	8/30/2018	8/31/2018
Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:	Select 2 items:
Froot Loop Cereal	Bagel with Cream Cheese	Lucky Charms Cereal	Pan Dulce	Blueberry Muffin
Apple Nutri-Grain	French Toast Crackers	Strawberry Pop-Tart	Cheddar Cheese Stick	Go-Gurt
		1		1
Milk	Milk	Milk	Milk	Milk
• • •	Milk and an	Milk and	Milk and a	Milk and



Choice of fat-free or 1% white milk available for breakfast.

Fat-free chocolate, fat-free white, or 1% white milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.





## Heritage Elementary School Williams August Lunch Menu



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Monday	Tuesday	Wednesday	Thursday	Friday
8/6/2018	8/7/2018	8/8/2018	8/9/2018	8/10/2018
	Cheeseburger	Beef Taco Bowl	Whole-Grain Turkey Corn Dog	Cheese Stick with Marinara
	Sweet Potato Tots	Celery Sticks	Barbecue Beans	Garden Salad with Italian Dressing
	Banana	Mixed Fruit	Orange Slices	Applesauce
	Milk	Salsa	Milk	Milk
		Milk		
8/13/2018	8/14/2018	8/15/2018	8/16/2018	8/17/2018
Hamburger	BBQ Chicken Drumstick	Hot Diggity Dog	Cheese Quesadilla	Pepperoni Pizza
Crinkle Cut French Fries	Steamed Broccoli Florets	Sweet Potato Tots	Refried Beans	Green Beans
Chilled Diced Peaches	Apple	Mixed Fruit	Diced Pears	Diced Pears
Milk	Whole-Grain Biscuit	Milk	Milk	Milk
	Milk			
8/20/2018	8/21/2018	8/22/2018	8/23/2018	8/24/2018
Chicken Pattie Sandwich	Teriyaki Chicken with Rice	Bean & Cheese Burrito	Chicken Strips	Spaghetti with Meat sauce
Smile Potatoes	Steamed Broccoli Florets	Carrot Sticks	Ranchero Beans	Mixed Vegetables
Chilled Diced Peaches	Banana	Mixed Fruit	Orange Slices	Applesauce
Milk	Milk	Salsa	Whole-Grain Biscuit	Milk
		Milk	Milk	
8/27/2018	8/28/2018	8/29/2018	8/30/2018	8/31/2018
BBQ Chicken Sandwich	Blueberry Mini Pancakes	Grilled Cheesewich	Beef Taco Bowl	Pretzel and Cheese
Sweet Potato Fries	Sausage Patty	Green Beans	Refried Beans	Garden Salad with Italian Dressing
Chilled Diced Peaches	Smile Potatoes	Mixed Fruit	Fresh Grapes	Diced Pears
Milk	Apple	Milk	Salsa	Milk
	Milk		Milk	



Choice of Fat-Free or 1% White Milk available for breakfast.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

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