



## Heritage Elementary School Williams February Breakfast Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4-Feb</b>	<b>5-Feb</b>	<b>6-Feb</b>	<b>7-Feb</b>	<b>8-Feb</b>
Select 2 items: Cocoa Puffs Cereal Cherry Frudel Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and a Sliced Apple	Select 2 items: Cinnamon Toast Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and a Very Strawberry Applesauce	Select 2 items: Chocolate Chip Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice
<b>11-Feb</b>	<b>12-Feb</b>	<b>13-Feb</b>	<b>14-Feb</b>	<b>15-Feb</b>
Select 2 items: Cheerios Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Bagel with Cream Cheese Scooby Doo Graham Sticks Milk and an Applesauce Cup	Select 2 items: Mini Wheats Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and a Sliced Apple	Select 2 items: Banana Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice
<b>18-Feb</b>	<b>19-Feb</b>	<b>20-Feb</b>	<b>21-Feb</b>	<b>22-Feb</b>
<b>President's Day No School</b>	Select 2 items: Mini Cinnamon Bagel Bug Bites Graham Cracker Milk and a Sliced Apple	Select 2 items: Apple Jacks Cereal Whole-Grain Strawberry Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce String Cheese Stick Milk and a Very Strawberry Applesauce	Select 2 items: Chocolate Chip Whole-Grain Muffin Go-Gurt Milk and 100% Orange Juice
<b>25-Feb</b>	<b>26-Feb</b>	<b>27-Feb</b>	<b>28-Feb</b>	<b>1-Mar</b>
Select 2 items: Froot Loops Cereal Strawberry Nutri-Grain Milk and 100% Grape Juice	Select 2 items: Mini Cinnamon Bagel French Toast Crackers Milk and an Applesauce Cup	Select 2 items: Lucky Charms Cereal Whole-Grain Cinnamon Pop-Tart Milk and Fresh Grapes	Select 2 items: Whole-Wheat Pan Dulce Cheddar Cheese Stick Milk and a Sliced Apple	Select 2 items: Blueberry Muffin Go-Gurt Milk and 100% Orange Juice



Choice of Fat-Free or 1% White Milk available for breakfast. Raisins or Cranraisins are also available.

Fat-Free Chocolate, Fat-Free White, or 1% White Milk available for lunch.

"This institution is an equal opportunity provider."

Menus are subject to change without notice.

Applications for FREE and REDUCED lunches are available at the front desk.





## Heritage Elementary School Williams February Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4-Feb</b>	<b>5-Feb</b>	<b>6-Feb</b>	<b>7-Feb</b>	<b>8-Feb</b>
Cheeseburger Smile Potatoes Chilled Diced Peaches Milk	Crispy Drumstick Steamed Broccoli Florets Banana Milk	Bean & Cheese Chalupa Carrot Sticks Mixed Fruit Salsa Milk	Chicken Strips Ranchero Beans Orange Slices Whole-Grain Biscuit Milk	Whole-Grain Spaghetti w/Meatsauce Mixed Vegetables Applesauce Milk
<b>11-Feb</b>	<b>12-Feb</b>	<b>13-Feb</b>	<b>14-Feb</b>	<b>15-Feb</b>
Chicken Pattie Sandwich Sweet Potato Fries Chilled Diced Peaches Milk	Blueberry Mini Pancakes Sausage Patty Smile Potatoes Apple Milk	Whole-Grain Grilled Cheese Sandwich Green Beans Mixed Fruit Milk	Beef Taco Bowl Refried Beans Fresh Grapes Salsa Milk	Pepperoni Pizza on a Whole-Grain crust Garden Salad with Dressing Diced Pears Milk
<b>18-Feb</b>	<b>19-Feb</b>	<b>20-Feb</b>	<b>21-Feb</b>	<b>22-Feb</b>
<b>President's Day No School</b>	Whole-Grain Chicken Nuggets Whipped Potatoes Banana Whole-Grain Biscuit Milk	Mini Chicken Tacos Carrots/Celery Sticks Mixed Fruit Salsa Milk	Teriyaki Chicken with Rice Steamed Broccoli Florets Mandarin Oranges Milk	Pretzel and Cheese Green Beans Applesauce Milk
<b>25-Feb</b>	<b>26-Feb</b>	<b>27-Feb</b>	<b>28-Feb</b>	<b>1-Mar</b>
Hamburger Whipped Potatoes Chilled Diced Peaches Milk	Grilled Chicken Breast Green Beans Apple Whole-Grain Biscuit Milk	Lit'l Smokies Ranchero Beans Mixed Fruit Whole-Grain Tortilla Milk	Chicken Fajitas with Tortilla Carrot Sticks Fresh Grapes Milk Salsa	Mozzarella Cheese Sticks with Dipping Sauce Garden Salad with Dressing Diced Pears Wheat Breadstick Milk



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