



November Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Select 2 items: Mini-Wheats Cereal Strawberry Yogurt Chex Mix Milk and Applesauce Cups	3 Select 2 items: Bagel with Cream Cheese French Toast Crackers Milk and 100% Orange Juice	4 Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk and Mix Fruit Cup	5 Select 2 items: Cheerios Cereal Colby Jack Cheese Stick Milk and 100% Grape Juice	6 Select 2 items: Apple Cinnamon Muffin Go-Gurt Milk and Apple/Banana Fruitocracy
9 Select 2 items: Cinnamon Toast Cereal Cherry Frudel Milk and Applesauce Cups	10 Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Elf Graham Cracker Milk and 100% Orange Juice	11 Veterans Day No School	12 Select 2 items: Mini Donuts Maple Brown Sugar Granola Bar Milk and 100% Grape Juice	13 Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk and Apple/Banana Fruitocracy
16 Select 2 items: Cheerios Cereal Strawberry Yogurt Chex Mix Milk and Applesauce Cups	17 Select 2 items: Bagel with Cream Cheese Scooby Doo Sticks Milk and 100% Orange Juice	18 Select 2 items: Chocolate Chip Benefit Bar Cinnamon Pop-Tart Milk and Mix Fruit Cup	19 Select 2 items: Coffee Cake Cinnamon Toast Cereal Milk and 100% Grape Juice	20 Select 2 items: Blueberry Muffin Go-Gurt Milk and Apple/Banana Fruitocracy
23 Select 2 items: Lucky Charms Cereal Strawberry Nutri-Grain Milk and Applesauce Cups	24 Select 2 items: Cinnamon Raisin Bagel with Cream Cheese Bug Bites Cracker Milk and 100% Orange Juice	25 Thanksgiving Break No School	26 Thanksgiving Break No School	27 Thanksgiving Break No School

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available.

Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch.

Menu is subject to change without notice.

“This institution is an equal opportunity provider.”



November Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Drumstick with Roll Barbecue Beans Peaches Milk	3 Cheese Enchilada with Green Chile Sauce Fiesta Corn Red Delicious Apple Milk	4 Grilled Cheese Sandwich Mixed Vegetables Mixed Fruit Milk	5 <u>Brunch for Lunch</u> Pancake & Bacon Sweet Potato Fries Fresh Grapes Milk	6 Pepperoni Calzone with Marinara Cup Steamed Broccoli Diced Pears Milk
9 Bacon Cheeseburger Sweet Potato Fries Peaches Milk	10 Walking Taco Refried Beans Fresh Banana Milk	11 <i>Veterans Day No School</i>	12 Chicken Strips Whipped Potatoes Orange Slices Milk	13 Cheese Pizza Garden Salad with Dressing Applesauce Milk
16 Hamburger Barbecue Beans Peaches Milk	17 Bean & Cheese Burrito Fiesta Corn Red Delicious Apple Milk	18 Chicken Nuggets with Roll Green Beans Mixed Fruit Milk	19 Pork Egg Roll with Rice Carrot Coins Peaches Milk	20 Cheese Stick w/Marinara Cup Steamed Broccoli Diced Pears Milk
23 Lit'l Smokies Whipped Potatoes Peaches Milk	24 Chicken Quesadilla Refried Beans Fresh Banana Milk	25 <i>Thanksgiving Break No School</i>	26 <i>Thanksgiving Break No School</i>	27 <i>Thanksgiving Break No School</i>

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