

## Heritage Elementary December Breakfast Menu Williams

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Select 2 items Cinnamon Toast Cereal French Toast Benefit Bar Milk and Applesauce Cups	Select 2 items Bagel with Cream Cheese Elf Graham Cracker Milk and 100% Grape Juice	Select 2 items: Froot Loops Cereal Cinnamon Pop-Tart Milk and a Mixed Fruit Cup	Select 2 items: Mini Donuts Colby Jack Cheese Stick Milk and an 100% Orange Juice	Select 2 items: Whole-Grain Banana Muffin Go-Gurt Milk and a Apple-Banana Twist Fruitable
7	8	9	10	11
Select 2 items Cheerios Cereal Strawberry Nutri-Grain Milk and Applesauce Cups	Select 2 items Bagel with Cream Cheese Scooby Doo Graham Sticks Milk and 100% Grape Juice	Select 2 items Cinnamon Toast Cereal Strawberry Pop-Tart Milk and Mixed Fruit Cups	Select 2 items Chocolate Chip Benefit Bar Cheddar Cheese Cubes Milk and 100% Orange Juice	Select 2 items: Blueberry Muffin Go-Gurt Milk and Apple-Banana Twist Fruitable
14	15	16	17	18
Select 2 items: Lucky Charms Cereal Chocolate Chip Benefit Bar Milk and Applesauce Cups	Select 2 items Bagel with Cream Cheese Bunny & Friends Crackers Milk and 100% Grape Juice	Select 2 items: Apple Jacks Cereal Cinnamon Pop-Tart Milk and Mixed Fruit Cups	Select 2 items: Mini Donuts Cheddar Cheese Stick Milk and 100% Orange Juice	Select 2 items: Whole Grain Chocolate Chip Muffin Go-Gurt Milk and Apple-Banana Twist Fruitable

Choice of fat-free, 1% white milk is available for breakfast. Raisins or Cranraisins are also available. Choice of fat-free, 1% white milk and fat-free chocolate milk is available for lunch

Menu is subject to change without notice.

"This institution is an equal opportunity provider."



## Heritage Elementary December Lunch Menu Williams

Monday	Tuesday	Wednesday	Thursday	Friday
30	1	2	3	4
Bacon Cheeseburger Barbecue Beans Peaches Milk	Chicken & Cheese Burrito Fiesta Corn Red Delicious Apple Milk	Turkey Corn Dog Mixed Vegetables Mixed Fruit Milk	Chicken & Waffle Sweet Potato Tots Fresh Grapes Milk	Cheese Pizza Steamed Broccoli Diced Pears Milk
7	8	9	10	11
Ball Park Frank Smile Potatoes Peaches Milk	Nachos with Cheese Refried Beans Fresh Banana Milk	Ham & Cheese Crossiant Green Beans Mixed Fruit Milk	Chicken Strips Honey Carrots Orange Slices Milk	Pepperoni Pizza Garden Salad with Dressing Applesauce Milk
14	15	16	17	18
Chicken Drumstick with Roll Barbecue Beans Peaches Milk	Cheese Enchilada with Green Chile Sauce Fiesta Corn Red Delicious Apple Milk	Grilled Cheese Sandwich Mixed Vegetables Mixed Fruit Milk	Brunch for Lunch Pancake & Bacon Sweet Potato Fries Fresh Grapes Milk	Half Day No Lunch No After-School

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