



Heritage Elementary – Williams

January Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|--|---|--|
| 4 Chicken Strips Green Beans Peaches Milk | 5 Mini Chicken Tacos Refried Beans Red Delicious Apple Milk | 6 Grilled Cheese Sandwich Carrot Sticks / Ranch Mixed Fruit Cups Milk | 7 Deli Sub Sandwich Smile Potatoes Orange Slices Milk | 8 Soft Pretzels w/Cheese Broccoli Bites / Ranch Applesauce Cups Milk |
| 11 Mini Corn Dogs Barbecue Beans Diced Pears Milk | 12 WG Bean & Cheese Burrito Celery Sticks Orange Slices Milk | 13 Chicken Strips Sweet Potato Tots Mixed Fruit Cups Milk | 14 Deli Sub Sandwich Potato Rounds Fresh Banana Milk | 15 Cheese Pizza Broccoli Bites / Ranch Applesauce Cups Milk |
| 18 MARTIN LUTHER KING DAY NO SCHOOL | 19 Cheese Quesadilla Refried Beans Fresh Banana Milk | 20 Grilled Cheese Sandwich Carrot Sticks / Ranch Mixed Fruit Cups Milk | 21 Deli Sub Sandwich Smile Potatoes Orange Slices Milk | 22 Pepperoni Pizza Broccoli Bites / Ranch Applesauce Cups Milk |
| 25 Turkey Corn Dog Barbecue Beans Diced Pears Milk | 26 WG Bean & Cheese Burrito Celery Sticks Red Delicious Apple Milk | 27 Chicken Strips Sweet Potato Tots Mixed Fruit Cups Milk | 28 Deli Sub Sandwich Crinkle Cut French Fries Fresh Banana Milk | 29 Pepperoni Pizza Broccoli Bites / Ranch Applesauce Cups Milk |

Raisins or Cranraisins are also available.

Menu is subject to change without notice.

"This institution is an equal opportunity provider."



HERITAGE ELEMENTARY - WILLIAMS

January Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|--|---|
| 4 Cheerios Cereal Milk and Applesauce Cups | 5 Bagel with Cream Cheese Milk and 100% Grape Juice | 6 Cinn Poptart Milk and Mixed Fruit Cups | 7 Scooby Doo Graham Sticks Milk and Orange 100% Juice | 8 Blueberry Muffin Milk and Apple-Banana Twist Fruitable |
| 11 Lucky Charms Cereal Milk and Applesauce Cups | 12 Bagel with Cream Cheese Milk and 100% Grape Juice | 13 Choc Chip Benefit Bar Milk and Mixed Fruit Cups | 14 French Toast Crackers Milk and Orange 100% Juice | 15 Choc. Chip WG Muffin Milk and Apple-Banana Twist Fruitable |
| 18 Martin Luther King Day No School | 19 Bagel with Cream Cheese Milk and 100% Grape Juice | 20 Cinn Poptart Milk and Mixed Fruit Cups | 21 Cinnamon Bun Crackers Milk and Orange 100% Juice | 22 Apple Cinnamon Muffin Milk and Apple-Banana Twist Fruitable |
| 25 Cinn.Toast Cereal Milk and Applesauce Cups | 26 Bagel with Cream Cheese Milk and 100% Grape Juice | 27 French Toast Benefit Bar Milk and a Mixed Fruit Cups | 28 Scooby Doo Graham Sticks Milk and an Orange 100% Juice | 29 Banana Muffin WG Milk and a Apple-Banana Twist Fruitable |

.Raisins or Cranraisins are also available.

Menu is subject to change without notice.

"This institution is an equal opportunity provider."