

**Heritage Elementary School
Williams**



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

NOVEMBER MENU

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				<p><i>Apple Frudel</i> <i>Golden Bananas</i> <i>Strawberry Go-Gurt</i></p> <p>Chicken Tortilla Soup Refried Beans Fresh Fruit Mix</p>

4	5	6	7	8
<p><i>Strawberry Pop-Tart</i> <i>100% Fruit Juice</i> <i>Mini Honey Grahams</i></p> <p>Chili Pie Walking Taco Baked Potato Wedges Cinnamon Applesauce</p>	<p><i>Confetti Pancakes</i> <i>Apple Grins</i> <i>Cheese Cubes</i></p> <p>Mac & Cheese w/Roll BBQ Baked Beans Sweet Orange Slices</p>	<p><i>Coco Puffs Cereal</i> <i>Pineapple Fruit Cup</i> <i>Giant Vanilla Goldfish</i></p> <p>Cheesy Beef Burger Mixed Vegetables Sliced Pears</p>	<p><i>Bagel & Cream Cheese</i> <i>100 % Fruit Juice</i> <i>String Cheese</i></p> <p>Chicken Fajita Stir Fry Steamed Carrots Melon Medley</p>	<p><i>Mini Donuts</i> <i>Purple Plums</i> <i>Peach Yogurt</i></p> <p>Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Fresh Grapes</p>

11	12	13	14	15
<p>Thank You</p> <p>Veterans</p>	<p><i>Carrot Top Muffin</i> <i>Fresh Grapes</i> <i>Cheese Cubes</i></p> <p>Meatballs w/Cheese Bread Mixed Vegetables Sweet Orange Slices</p>	<p><i>Lucky Charms Cereal</i> <i>Applesauce</i> <i>Tiger Grahams</i></p> <p>Mini Corn Dogs Broccoli Bites Gala Apple Slices</p>	<p><i>Blueberry Loaf</i> <i>100% Fruit Juice</i> <i>String Cheese</i></p> <p>Beef Stroganoff / Roll Roasted Corn Fresh Grapes</p>	<p><i>Mini Cinnis</i> <i>Fuzzy Peaches</i> <i>Vanilla Yogurt</i></p> <p>Chili Bowl / Cornbread Steamed Carrots Melon Medley</p>

18	19	20	21	22
<p><i>Cinnamon UBR</i> <i>100% Fruit Juice</i> <i>Bunny Friends Grahams</i></p> <p>Chili Cheese Dog Roasted Corn Sliced Peaches</p>	<p><i>Double Chocolate Muffin</i> <i>Apple Grins</i> <i>Cheese Cubes</i></p> <p>Sloppy Joes BBQ Baked Beans Sweet Orange Slices</p>	<p><i>Apple Jack's Cereal</i> <i>Mandarin Fruit Cup</i> <i>Honey Grahams</i></p> <p>Beef Taco Stick Roasted Corn Cinnamon Applesauce</p>	<p><i>Fruit Loop Waffles</i> <i>100% Fruit Juice</i> <i>String Cheese</i></p> <p>Spaghetti & Meatballs Steamed Broccoli Fresh Fruit Mix</p>	<p><i>Mini Donuts</i> <i>Golden Bananas</i> <i>Strawberry Go-Gurt</i></p> <p>Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Melon Medley</p>

25	26	27	28	29
<p><i>Lemon Chip Crunch</i> <i>100% Fruit Juice</i> <i>Mini Honey Grahams</i></p> <p>Chicken Nuggets /Roll Baby Carrots / Ranch Strawberry Fruit Cup</p>	<p><i>Cinnamon Cheerios</i> <i>Fresh Grapes</i> <i>Cheese Cubes</i></p> <p>Thanksgiving Feast!</p>			

Free Breakfast and Lunch for all students!

Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider.

Heritage Elementary Williams

November Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday

WG Cheddar Sun Chips 4

100 % Fruit Juice

WG Chocolate Chip Oatmeal Bar 5

100 % Fruit Juice

Chex Mix 6
Apple Slices & Cherry Craisins

WG Heartzel Pretzels 7

100 % Fruit Juice

Rainbow Goldfish Crackers 1

100 % Fruit Juice

WG Rice Krispie Treat 8

100 % Fruit Juice

No School Today 11

WG Graham Crackers & String Cheese 12

100 % Fruit Juice

Cheez-Its 13
Fresh Fruit Variety & Strawberry Raisins

WG Baked Cheetos 14

100 % Fruit Juice

WG Nacho Cheese Doritos 15

100 % Fruit Juice

Cheddar Goldfish Crackers 18

100 % Fruit Juice

WG Chocolate Oatmeal Bar 19

100 % Fruit Juice

Chex Mix 20
Apple Slices & Cherry Craisins

WG Heartzel Pretzels 21

100 % Fruit Juice

WG Rice Krispie Treat 22

100 % Fruit Juice

WG Baked Cheetos 25

100 % Fruit Juice

WG Nacho Cheese Doritos 26

100 % Fruit Juice

No School Today 27

No School Today 28

No School Today 29

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