

Heritage Elementary

School APRIL MENU



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

Grab-and-GO Meals for pick up on site!
Available Monday & Wednesday
From 7:30 AM - 8:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
	<p>DID YOU KNOW: Despite controversy over cholesterol intake, eggs offer great nutrient benefits! Eggs are a rich source of quality protein, contain choline, every B vitamin and have a complete range of amino acids!</p>		Strawberry Cream Bagel Grape Escapes Pork Carnitas Deli Sub Sandwich Green Beans Fresh Fruit Variety	
5	6	7	8	9
Strawberry Pop-Tart Raisins Stuffed Crust Pizza Soft Pretzel & Cheese French Baked Taters Sliced Strawberries	 Mini Cinni's Golden Bananas Baked Chicken Drum Beef Soft Tacos Roasted Corn Diced Peaches 	 Blueberry Muffin Top Apple Sauce Pulled Pork Sandwich Green Beans Fresh Fruit Variety	 Mini Donuts Sweet & Sour Apples Nacho Bites Sloppy Joe's Fiesta Bean Medley Berry Fruit Cup	 Honey Bun Grape Escapes Sea Shape Nuggets Mini Cheese Ravioli Broccoli Bites Melon Medley 
12	13	14	15	16
 Trix Cereal Bar Razz/ Lemon Craisins Nacho Supreme Mini Corn Dogs Vegetable Medley Fruit Cocktail 	Cinnamon Cream Bagel Golden Bananas Beefy Cheeseburger Breakfast For Lunch! Sweet Potato Tracks Fresh Fruit Variety	 Banana Bread Grape Escapes Crispy Clucker Roasted Corn Sweet Oranges 	Lemon Chip Crunch Red Delicious Apple Spaghetti / Meatballs Hot Ham / Cheese Bun Baked Tater Tots Mixed Berries	Cinnamon UBR Apple Sauce Cheesy Enchiladas Filet O' Fish Sandwich Refried Beans Diced Peaches 
19	20	21	22	23
Cinnamon Pretzel Stick Apple Chips Stuffed Crust Pizza Boneless Wings Baked Beans Sliced Pears 	 Cherry Frudel Golden Bananas Orange Chicken Bowl Chili Cheese Dogs Broccoli Bites Fresh Fruit Variety	 Coco Dot Muffin Apple Sauce Crispy Grilled Cheese Green Beans Diced Peaches	Donut Dunkin Stix Sliced Apples Porky Mac & Cheese Italian Meatball Sub Sweet Potato Fries Melon Medley	 Maple Waffles Cherry Craisins Teriyaki Burger Seafood Platter Mixed Vegetables Sweet Oranges 
26	27	28	29	30
Coco Puffs Cereal Bar Raisins Pepperoni Bosco Stick Crispy Chicken Roasted Corn Fruit Cocktail 	Pumpkin Bread Golden Bananas Chicken Fajitas Beefy Goulash Curly Q Potatoes Mixed Berries	 Mini Donuts Grape Escapes Baked Mozzarella Vegetable Medley Fresh Fruit Variety	 Cinnamon Bun Rainbow Gala Apples BBQ Chicken Drum Deli Sub Sandwich Broccoli Bites Golden Bananas 	



This Institution Is An Equal Opportunity Provider

THIS MENU IS SUBJECT TO CHANGE

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