

# Heritage Elementary

## School MAY MENU



ALL MEALS ARE FREE FOR ALL STUDENTS AND CHILDREN 18 AND UNDER

Grab-and-GO Meals for pick up on site!  
Available Monday & Wednesday  
From 7:30 AM - 8:30 AM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Cherry Apple Crunch Apple Chips Pepperoni Pizza Cheese Pizza Potato Wedges Peach Slices	4 Strawberry Bagel Bar Golden Bananas Soft Taco Chicken Posole Refried Beans Fresh Fruit Variety	5 Cinnamon Apple Loaf Apple Sauce BBQ Pulled Pork Mixed Vegetables Melon Medley	6 Glazed Honey Bun Grape Escapes Beefy Cheeseburger Hot Diggity Dog Green Beans Fresh Fruit Variety	7 Banana Bread Gala Apple Grins Nacho Supreme Chicken Quesadilla Creamy Cole Slaw Berry Fruit Cup
10 Fudge Pop-Tart Strawberry Raisins Zesty Spaghetti Breakfast 4 Lunch! Vegetable Medley Fruit Cocktail	11 Mini Cinni's Golden Bananas Sloppy Joes Beefy Mac & Cheese BBQ Baked Beans Sweet Orange Slices	12 Blueberry Muffin Top Grape Escapes Grilled Cheese Broccoli Bites Fresh Fruit Variety	13 Mini Donuts Sweet & Sour Apples Deli Sub Sandwich Lasagna Roll Up Roasted Corn Mixed Berries	14 Cinnamon UBR Apple Sauce Baked Chicken Drum Crispy Fish Sticks Fresh Salad Mix Diced Pears
17 Lemon Chip Crunch Raspberry Craisins French Bread Pizza Chicken Tenders Roasted Corn Peach Slices	18 Cinnamon Bagel Bar Golden Bananas Orange Chicken Bowl Chili Cheese Dogs Broccoli Bites Melon Medley	19 Pumpkin Bread Gala Apple Grins Baked Mozzarella Carrot Sticks / Ranch Mixed Berries	20 Apple Frudel Grape Escapes Philly Cheese Steak Beefy Goulash Green Beans Sweet Orange Slices	21 Blueberry Loaf Apple Sauce Steak Quesadilla Crispy Fish Tacos Creamy Cole Slaw Fresh Fruit Variety
24 Strawberry Pop-Tart Apple Chips Mesquite Chicken Breakfast 4 Lunch! Curly Q Potatoes Sliced Pears	25 Coco Dot Muffin Golden Bananas Crispy Clucker Corn Dog On A Stick Baked Beans Fresh Fruit Variety	26 Mini Donuts Grape Escapes Stuffed Crust Pizza Celery Sticks / Ranch Mixed Fruit Cup	27-28 	
31				

Did You Know: May and June are the best months to harvest strawberries in the Southern United States. On average, a single strawberry has 200 seeds. One acre of land planted with strawberry plants will produce about 50,000 pounds of strawberries. Strawberries are eaten in 90% of U.S households each year. A centuries old custom states that if you break a double strawberry in half and share it with some one - they will fall in love!



This Institution Is An Equal Opportunity Provider

THIS MENU IS SUBJECT TO CHANGE

Apply for FREE or REDUCED Lunches at [HESGLENDALE.Schoollunchapp.com](http://HESGLENDALE.Schoollunchapp.com)



# MAY 2021 SNACK MENU

## Heritage Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
Chocolate Elf Grahams <b>3</b> 100 % Fruit Juice	Cheddar Chex Mix <b>4</b> 100 % Fruit Juice	Rainbow Goldfish Crackers <b>5</b> 100 % Fruit Juice	Apple Cinnamon Nutri-Grain Bar <b>6</b> 100 % Fruit Juice	Baked BBQ Crisps <b>7</b> 100 % Fruit Juice
Strawberry Cream Chex Mix <b>10</b> 100 % Fruit Juice	Graham Crackers String Cheese <b>11</b> 100 % Fruit Juice	WG Nacho Cheese Doritos <b>12</b> 100 % Fruit Juice	WG Baked Cheetos <b>13</b> 100 % Fruit Juice	WG Cheez-Its <b>14</b> 100 % Fruit Juice
Chocolate Elf Grahams <b>17</b> 100 % Fruit Juice	Baked BBQ Crisps <b>18</b> 100 % Fruit Juice	Rainbow Goldfish Crackers <b>19</b> 100 % Fruit Juice	Cheddar Chex Mix <b>20</b> 100 % Fruit Juice	Strawberry Cream Chex Mix <b>21</b> 100 % Fruit Juice
Graham Crackers String Cheese <b>24</b> 100 % Fruit Juice	Blueberry Nutri-Grain Bar <b>25</b> 100 % Fruit Juice	<b>26</b>	<b>27</b>	<b>28</b>
<b>31</b>				

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