

# Heritage Elementary School Glendale



## November Menu

1% milk, fat free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Mini Donuts Fruit Cup Watermelon Raisins Chicken Quesadilla Lasagna Roll Up Fiesta Beans Melon Medley	Mini Pancakes Gala Apple Grins Strawberry Apple Chips Beef Taco Stick Diced Carrots Fresh Grapes	Bagel & Cream Cheese 100% Fruit Juice Blueberry Craisins BBQ Chicken Legs Cheese Burger Baked Potato Wedges Sweet Orange Slices	Berry Cereal Bar Red Delicious Apple Strawberry Raisins Sea-Shape Nuggets Chicken Alfredo Steamed Broccoli Mixed Berries
7	8	9	10	11
Super Donut 100% Fruit Juice Cherry Craisins <b>Breakfast 4 Lunch!</b> Chicken Tenders Vegetable Medley Sliced Pears	Fudge Pop-Tart Apple Sauce Raspberry Raisins Crunchy Beef Tacos Chicken Tater Bowl Steamed Broccoli Sweet Orange Slices	Mini Cinnis Grape Escapes Apple Chips Grilled Cheese Sweet Potato Fries Melon Medley	Maple Waffle 100% Fruit Juice Orange Craisins Italian Meatball Sub Chili & Cornbread Roasted Corn Apple Slices	 <b>THANK YOU</b>
14	15	16	17	18
Cinnamon UBR 100% Fruit Juice Cranberry Craisins Cheese Or Pepperoni Pizza Baked Potato Wedges Peach Slices	Breakfast Bites Fruit Cup Strawberry Raisins Nacho Supreme Mandarin Chicken Bowl Refried Beans Cinnamon Apples	French Toast Sticks Gala Apple Grins Apple Chips Corn Dog on a Stick Diced Carrots Mixed Berries	Super Banana Bread 100% Fruit Juice Cherry Craisins Boneless Wings Carrot Sticks / Ranch Mixed Fruit	Creamy Carrot Bun Red Delicious Apple Raisins  <b>Thanksgiving FEAST!!!</b>
21	22	23	24	25
28	29	30		
Blueberry Muffin 100% Fruit Juice Cherry Craisins Cheese Or Pepperoni Pizza Mixed Vegetables Sliced Pears	Cinnamon Bagel Fruit Cup Raspberry Raisins Beefy Mac & Cheese Oven-Baked Chicken Steamed Broccoli Mixed Berries	Lemon-Chip Crunch Grape Escapes Apple Chips Hot Diggity Dog Carrot Sticks / Ranch Melon Medley		

Paid Lunch Price - \$2.85  
 Reduced Price Lunch - \$0.40  
 Breakfast is FREE for all!

Apply For FREE or REDUCED Lunches at [HESGLENDA.SCHOOLNAPP.COM](http://HESGLENDA.SCHOOLNAPP.COM)

**This Institution Is An Equal Opportunity Provider**

**\*\* We Are Experiencing Supply Chain Disruptions\*\***

**This Menu Is Subject To Change**

# NOVEMBER SNACK MENU 2022

## Heritage Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

HAPPY  
THANKSGIVING

WG Nacho Cheese Doritos **7**  
100 % Fruit Juice

Blueberry Muffin **14**  
100 % Fruit Juice

**21**  
No School Today

WG Nacho Cheese Doritos **28**  
100 % Fruit Juice

WG Baked Cheetos **1**  
100 % Fruit Juice

WG Hartzel Pretzels **8**  
100 % Fruit Juice

Cheddar Goldfish Crackers **15**  
100 % Fruit Juice

**22**  
No School Today

WG Baked Cheetos **29**  
100 % Fruit Juice

Graham Crackers String Cheese **2**  
100 % Fruit Juice

WG Cheddar Chex Mix **9**  
100 % Fruit Juice

WG Cheddar Chex Mix **16**  
100 % Fruit Juice

**23**  
No School Today

Banana Muffin **30**  
100 % Fruit Juice

WG Baked Funyuns **3**  
100 % Fruit Juice

Strawberry Nutri-Grain Bar **10**  
100 % Fruit Juice

Graham Crackers String Cheese **17**  
100 % Fruit Juice

**24**  
No School Today

WG Chocolate Chex Mix **4**  
100 % Fruit Juice

**11**  
No School Today

WG Baked Cheetos **18**  
100 % Fruit Juice

**25**  
No School Today

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