

Heritage Elementary School Glendale January Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
Wildberry Waffle 100% Fruit Juice Cherry Craisins Cheese or Pepperoni Pizza Baked Potato Wedges Sliced Pears	Bagel & Cream Cheese Applesauce Raspberry Raisins Chicken Quesadilla Nacho Pockets Steamed Broccoli Sweet Orange Slices	 Mini Pancakes Fresh Grapes Apple Chips Soft Pretzel w/Cheese Mixed Vegetables Cinnamon Apples	Apple Frudel 100% Fruit Juice Orange Craisins Cheesy Enchiladas Sloppy Joes Refried Beans Melon Medley	French Toast Sticks Gala Apple Grins Raisins Chicken Posole / Chins Fish Tacos Sweet Potato Fries Mixed Berries
16	17	18	19	20
	Strawberry Bagel Bar Fruit Cup Strawberry Raisins Chicken Tenders / Roll Sausage Calzone BBQ Baked Beans Fresh Grapes	 Breakfast Bites Fresh Grapes Apple Chips Beefy Taco Stick Carrot Coins Mixed Berries	Super Banana Bread 100% Fruit Juice Blueberry Craisins Chicken Alfredo / Roll Italian Meatball Sub Mixed Vegetables Sweet Orange Slices	Creamy Carrot Bun Red Delicious Apple Watermelon Raisins Baked Chicken / Roll Filet O' Fish Sandwich Steamed Broccoli Golden Bananas
23	24	25	26	27
Lemon Chip Crunch 100% Fruit Juice Cherry Craisins Baked Mozzarella Corn Dog On A Stick Vegetable Medley Fruit Cocktail	 Blueberry Muffin Applesauce Raspberry Raisins Beefy Nacho Supreme Meatloaf Sandwich Steamed Broccoli Melon Medley	 Super Donut Fresh Grapes Apple Chips Bosco Pepperoni Stick Carrot Sticks / Ranch Mixed Berries	Cinnamon Bagel 100% Fruit Juice Orange Craisins Cheeseburger Hot Diggity Dog Shoestring Potatoes Sweet Orange Slices	 Co Co Dot Muffin Apple Slices Raisins Rotini & Meat Sauce Cheese Quesadilla Refried Beans Fresh Grapes
30	31			
 Cinnamon UBR 100% Fruit Juice Cranberry Craisins Cheese or Pepperoni Pizza Curly Q Potatoes Apple Slices	 Mini Donuts Fruit Cup Strawberry Raisins Beef & Bean Tostadas Hot Ham & Cheese Bun Steamed Broccoli Sweet Orange Slices			

Paid Lunch Price - \$2.85
Reduced Price Lunch -\$0.40
Breakfast is FREE for all!

Apply For **FREE** or **REDUCED** Lunches at [ESGLENDALESO-DOLLUNCHAPP.COM](https://www.esglendaleso-dollunchapp.com)
This Institution Is An Equal Opportunity Provider
**** We Are Experiencing Supply Chain Disruptions****
This Menu Is Subject To Change

JANUARY SNACK MENU 2023

Heritage Elementary School

Monday

Tuesday

Wednesday

Thursday

Friday

2

3

4

5

6

WG Baked
Funyuns

9

100% Fruit Juice

Graham Crackers
String Cheese

10

100% Fruit Juice

Cheddar
Goldfish Crackers

11

100% Fruit Juice

Cinnamon
Apple Loaf

12

100% Fruit Juice

WG Cheddar
Cheez-Its

13

100% Fruit Juice

16

No School Today

WG Baked
Cheetos

17

100% Fruit Juice

Banana
Muffin

18

100% Fruit Juice

Chili Cheese
Fantastix

19

100% Fruit Juice

Scooby-Doo
Grahams

20

100% Fruit Juice

Goldfish Pretzel
Crackers

23

100% Fruit Juice

Strawberry
Pop-Tart

24

100% Fruit Juice

WG Baked
Doritos

25

100% Fruit Juice

WG Strawberry
Chex Mix

26

100% Fruit Juice

Graham Crackers
String Cheese

27

100% Fruit Juice

WG Baked
Cheetos

30

100% Fruit Juice

WG Baked
Funyuns

31

100% Fruit Juice

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SCHOOL
BUCKS

PAY FOR MEALS ONLINE

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