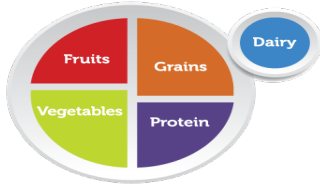


Heritage Elementary School Glendale September Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch.
Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
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2	3	4	5	6
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Strawberry Pop-Tart
100% Fruit Juice
Cheese Cubes
Chicken Corn Dog
Breakfast 4 Lunch!
Tater Smiles
Sweet Orange Slices

Apple Cheerios
Pineapple Fruit Cup
Cinnamon Bun Goldfish
Regular or Spicy
Beef Taco Stick
Garlic Green Beans
Cinnamon Applesauce

 Super Donut
100% Fruit Juice
String Cheese
BBQ Pork Sandwich
Big Cheese Ravioli
Steamed Carrots
Fresh Grapes

Double Chocolate Muffin
Apple Grins
Peach Yogurt
Cheese Or
Pepperoni Pizza
Mixed Salad Greens
Melon Medley

9	10	11	12	13
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Cinnamon UBR
100% Fruit Juice
Honey Belly Bears
Chili Cheese Nachos
Baked Mozzarella
Steamed Broccoli
Diced Pears

Apple Frudel
Red Apple Slices
Cheese Cubes
Chicken Eggroll / Rice
BBQ Chicken / Roll
Zesty Green Beans
Golden Bananas

Coco Puff's Cereal
Cinnamon Applesauce
Giant Vanilla Goldfish
Cheesy Beef Burger
Baby Carrots / Ranch
Fresh Grapes

Super Banana Bread
100% Fruit Juice
String Cheese
Sloppy Joe's
Cheese Enchiladas
Mexicali Corn
Melon Medley

Mini Donuts
Tangy Nectarines
Vanilla Yogurt
Chicken Posole
Deli Sub Sandwich
Refried Beans
Sweet Orange Slices

16	17	18	19	20
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Fudge Pop-Tart
100% Fruit Juice
Bunny Friends Grahams
Walking Taco
Breakfast for Lunch!
Baked Potato Wedges
Sliced Peaches

 Blueberry Loaf
Fresh Grapes
Cheese Cubes
Mandarin Chicken Bowl
Grilled Cheese
Broccoli Bites
Sweet Orange Slices

Luck Charms Cereal
Mandarin Fruit Cup
Chocolate Tiger Grahams
Regular or Spicy
Boneless Wings
Baby Carrots / Ranch
Cinnamon Applesauce

 Mini Cinni's
100% Fruit Juice
String Cheese
Spaghetti/ Meat Sauce
Teriyaki Burger
BBQ Baked Beans
Fresh Grapes

Bagels & Cream Cheese
Apple Grins
Strawberry Go-Gurt
Cheese Or
Pepperoni Pizza
Mixed Salad Greens
Melon Medley


23	24	25	26	27
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Cinnamon Toast Bar
100% Fruit Juice
Mini Honey Grahams
Rib-BQ Sandwich
Chicken Poppers / Roll
Baby Bakers
Fruit Cocktail

Confetti Pancakes
Green Apple Slices
Cheese Cubes
Porky Mac & Cheese
Baked Chicken / Roll
Garlic Green Beans
Golden Bananas

 Froot Loops Cereal
Watermelon Applesauce
Cinnamon Bun Goldfish
Bosco Pizza Stick
Baby Carrots / Ranch
Fresh Grapes

French Toast Sticks
100% Fruit Juice
String Cheese
Chicken Chow Mein
Crispy Clucker
Steamed Broccoli
Sweet Orange Slices

Mini Donuts
Purple Plums
Peach Yogurt
Italian Meatball Sub
Beef Soft Taco
Refried Beans
Delicious Pears 

30

Lemon Chip Crunch Bar
100% Fruit Juice
Vanilla Chat Snacks
Beefy Nacho Supreme
Soft Pretzel w/Cheese
Sweet Corn Nibletts
Sliced Peaches



Free Breakfast and Lunch for all students!



Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider



Heritage Elementary School

September Snack Menu



Monday

Tuesday

Wednesday

Thursday

Friday

2

No School Today

3

WG Cinnamon
Roll Crackers

100 % Fruit Juice

4

CheX Mix

Apple Slices
&
Cherry Craisins

5

WG Graham
Crackers &
String Cheese

100 % Fruit Juice

6

Rainbow
Goldfish
Crackers

100 % Fruit Juice

9

WG White
Cheddar
Popcorn

100 % Fruit Juice

10

WG Baked
Cheetos

100 % Fruit Juice

11

Cheez – Its

Orange Slices
&
Lemonade Craisins

12

WG Chocolate
Chip Oatmeal
Bar

100 % Fruit Juice

13

WG Rice
Krispie
Treat

100 % Fruit Juice

16

WG Nacho
Cheese
Doritos

100 % Fruit Juice

17

WG Graham
Crackers &
String Cheese

100 % Fruit Juice

18

Cheez – It's

Orange Slices
&
Strawberry Craisins

19

WG Cinnamon
Roll Crackers

100 % Fruit Juice

20

WG Cheddar
Sun Chips

100 % Fruit Juice

23

Pretzel
Goldfish
Crackers

100 % Fruit Juice

24

WG White
Cheddar
Popcorn

100 % Fruit Juice

25

Cheez – Its

Orange Slices
&
Watermelon Craisins

26

WG Baked
Cheetos

100 % Fruit Juice

27

WG Rice
Krispie
Treat

100 % Fruit Juice

30

WG Chocolate
Chip Oatmeal
Bar

100 % Fruit Juice



[Enter Additional Info]

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BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com