

Heritage Elementary School Glendale January Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Fruit and Veggie Bar available daily for breakfast and lunch!

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3



6	7	8	9	10
<ul style="list-style-type: none"> Fudge Pop-Tart Fruit Cocktail Scrambled Eggs Baked Mozzarella Chicken Tenders / Roll Sweet Potato Fries Fresh Fruit Variety 	<ul style="list-style-type: none"> Egg/Cheese Flatbread Fuzzy Kiwi Vanilla Yogurt Chicken Eggroll / Rice Hot Diggity Dog Crinkle Cut Zucchini Sweet Orange Slices 	<ul style="list-style-type: none"> Blueberry Pancakes Fresh Fruit Mix Hash Brown Patties Cheeseburger BBQ Baked Beans Sliced Pears 	<ul style="list-style-type: none"> Breakfast Sandwich Golden Bananas Peach Yogurt Chicken Alfredo / Roll Sloppy Joes Steamed Broccoli Cinnamon Applesauce 	<ul style="list-style-type: none"> Cinnamon Rolls Melon Medley Crispy Bacon Stuffed Crust Cheese Or Pepperoni Pizza Curly Q Potatoes Sliced Strawberries
13	14	15	16	17
<ul style="list-style-type: none"> Mini Donuts Applesauce String Cheese Breakfast 4 Lunch! Bean & Cheese Burrito Tater Smiles Sliced Peaches 	<ul style="list-style-type: none"> Pancake On a Stick Fresh Fruit Mix Potato Baby Cakes BBQ Chicken / Roll Crunchy Beef Tacos Carrot Coins Gala Apple Slices 	<ul style="list-style-type: none"> Cinnamon Oatmeal Golden Bananas Cheesy Scrambled Eggs Regular or Spicy Beef Taco Stick Mixed Vegetables Sweet Orange Slices 	<ul style="list-style-type: none"> Breakfast Burrito Sliced Pears Strawberry Yogurt Spaghetti & Meat Sauce Grilled Cheese Steamed Broccoli Fresh Grapes 	<ul style="list-style-type: none"> French Toast Sticks Cinnamon Apples Sausage Patties Chicken Posole Cheese Quesadilla Refried Beans Melon Medley
20	21	22	23	24
<ul style="list-style-type: none"> Lemon Chip Crunch Fresh Fruit Mix Vanilla Yogurt Beef Nacho Supreme Corn Dog on a Stick Cali Blend Veggies Applesauce 	<ul style="list-style-type: none"> Sausage Bagels Fuzzy Kiwi Hash Brown Patties Regular or Spicy Chicken Sandwich Baby Carrots / Ranch Sliced Pears 	<ul style="list-style-type: none"> Mini Cinnis Sliced Pears Scrambled Eggs Mandarin Chicken Chicken Wings / Roll Broccoli Bites Sliced Strawberries 	<ul style="list-style-type: none"> Biscuits / Gravy Apple Slices Sausage Patties Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Fresh Fruit Variety 	
27	28	29	30	31
<ul style="list-style-type: none"> Apple Frudel Diced Peaches Sausage Links Macaroni / Cheese Crispy Fish Sticks Roasted Corn Golden Bananas 	<ul style="list-style-type: none"> Chorizo Burrito Fresh Grapes Hash Brown Patties Cheese Enchiladas Beef Quesadilla Refried Beans Gala Apple Slices 	<ul style="list-style-type: none"> Blueberry Oatmeal Golden Bananas Scrambled Eggs Bosco Pizza Stick Vegetable Medley Sweet Orange Slices 	<ul style="list-style-type: none"> Breakfast Sandwich Sliced Strawberries Strawberry Yogurt Baked Chicken / Roll Italian Meatball Sub Steamed Broccoli Fresh Grapes 	<ul style="list-style-type: none"> Cinnamon Rolls Fuzzy Kiwi Crispy Bacon BBQ Chicken Flatbread Chili Bowl / Cornbread Sweet Potato Tots Melon Medley

Free Breakfast and Lunch for all students!

Friendly Reminder - Heritage Elementary will be providing HOT Breakfast with many additional offerings on the fruit bar in the cafeteria daily!

Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider



HERITAGE ELEMENTARY SCHOOL

January Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday



1
No School Today

2
No School Today

3
No School Today

6
Rainbow Goldfish Crackers
100 % Fruit Juice

7
WG White Cheddar Popcorn
100 % Fruit Juice

8
Cheez-Its
Fresh Fruit Variety & Orange Craisins

9
WG Baked Cheetos
100 % Fruit Juice

10
WG Rice Krispie Treat
100 % Fruit Juice

13
WG Nacho Cheese Doritos
100 % Fruit Juice

14
WG Blueberry Nutri-Grain Bar
100 % Fruit Juice

15
Chex Mix
Apple Slices & Raspberry Raisins

16
WG Graham Crackers & String Cheese
100 % Fruit Juice

17
WG Chocolate Chip Oatmeal Bar
100 % Fruit Juice

20
No School Today

21
Goldfish Pretzel Crackers
100 % Fruit Juice

22
Cheez-Its
Fresh Fruit Variety & Strawberry Craisins

23
WG White Cheddar Popcorn
100 % Fruit Juice

24
WG Rice Krispie Treat
100 % Fruit Juice

27
WG Graham Crackers & String Cheese
100 % Fruit Juice

28
WG Nacho Cheese Doritos
100 % Fruit Juice

29
Chex Mix
Apple Slices & Watermelon Raisins

30
WG Baked Cheetos
100 % Fruit Juice

31
WG Strawberry Nutri-Grain Bar
100 % Fruit Juice

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