














Heritage Elementary Williams

October



All households should still apply for free & reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!

Breakfast & Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
27	28	29	30	1
Froot Loops Cereal 100% Juice & Milk Chicken Taco Bowl Refried Beans Diced Peaches	Bagel w/Cream Cheese Apple & Milk Brunch for Lunch Sweet Potato Wedges Banana	Cinn Toast Cereal Bar Fruitocracy & Milk Turkey Deli Sub Carrots & Celery Mixed Fruit	French Toast Graham Applesauce & Milk Cheese Pizza Broccoli Grapes 	Crunchmania 100% Juice & Milk Hamburger Tator Tots Diced Pears 
4	5	6	7	8
				
11	12	13	14	15
Apple Jacks Cereal 100% Juice & Milk Chicken Fajitas Refried Beans Tortilla & Peaches	Muffin Banana & Milk Chicken Nuggets Mashed Potatoes Banana 	Pop-Tart Fruitocracy & Milk Grilled Cheese Green Beans Mixed Fruit 	Scooby Doo Sticks Applesauce & Milk Pepperoni Pizza Broccoli Grapes	Cheerio and Crackers 100% Juice & Milk Hamburger Sweet Potato Diced Pears
18	19	20	21	22
Froot Loops Cereal 100% Juice & Milk  Bean & Chs Burrito Diced Peaches	Bagel w/Cream Cheese Apple & Milk Teriyaki Chicken & Rice Broccoli Banana 	Strawberry cereal bar Fruitocracy & Milk Corn Dog Sweet Potatoes Mixed Fruit	Nutri-Grain Bar Applesauce & Milk Pizza Stick & Sauce Green Beans Grapes	Frosted Flakes Cereal 100% Juice & Milk Bacon Cheese Burger French Fries Diced Pears
25	26	27	28	29
Apple Jacks Cereal 100% Juice & Milk  Beef Taco Bowl Refried Beans Diced Peaches	Muffin Banana & Milk Porky Mac & Cheese Mixed Veggies Banana	Pop-Tart Fruitocracy & Milk Ham & Cheese Sub Sweet Potatoes Mixed Fruit	Scooby Doo Sticks Applesauce & Milk Cheese Pizza Broccoli Grapes 	Cheerio Cereal Bar 100% Juice & Milk Sloppy Joes Mashed Potatoes Diced Pears



1% Milk, Fat Free Flavored & Skim available for Breakfast and Lunch
ALL MEALS ARE SERVED WITH A VARIETY OF FRUITS & VEGETABLES



WE ARE EXPERIENCING LAST MINUTE MENU CHANGES AS A RESULT OF THE
NATIONWIDE FOOD SUPPLY CHAIN ISSUES. MENUS MAY NOT REFLECT THESE
CHANGES AND ARE SUBJECT TO CHANGE AT ANY TIME.

WE THANK YOU FOR YOUR PATIENCE AS WE NAVIGATE THROUGH THESE CHALLENGES.

This Institution Is An Equal Opportunity Employer & Provider

