

# January 2022 SNACK MENU

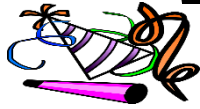
## Heritage Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
Rainbow Goldfish Crackers <b>3</b> 100 % Fruit Juice	Apple Cinnamon Nutri-Grain Bar <b>4</b> 100 % Fruit Juice	WG Cheez-Its <b>5</b> 100 % Fruit Juice	WG Cheddar Chex Mix <b>6</b> 100 % Fruit Juice	Graham Crackers String Cheese <b>7</b> 100 % Fruit Juice
Harvest Cheddar Sun Chips <b>10</b> 100 % Fruit Juice	Cinnamon Elf Grahams <b>11</b> 100 % Fruit Juice	WG Baked Cheetos <b>12</b> 100 % Fruit Juice	Strawberry Cream Chex Mix <b>13</b> 100 % Fruit Juice	<b>14</b> No School Today!
<b>17</b> No School Today!	WG Nacho Cheese Doritos <b>18</b> 100 % Fruit Juice	WG Goldfish Pretzels <b>19</b> 100 % Fruit Juice	WG Cheez-Its <b>20</b> 100 % Fruit Juice	Blueberry Nutri-Grain Bar <b>21</b> 100 % Fruit Juice
WG Cheez-Its <b>24</b> 100 % Fruit Juice	WG Cheddar Chex Mix <b>25</b> 100 % Fruit Juice	Graham Crackers String Cheese <b>26</b> 100 % Fruit Juice	WG Baked Cheetos <b>27</b> 100 % Fruit Juice	Chocolate Elf Grahams <b>28</b> 100 % Fruit Juice
Baked BBQ Crisps <b>31</b> 100 % Fruit Juice				

This Institution Is an Equal Opportunity Provider

# Heritage Elementary School

## January Menu



Free School Meals Rock!



Monday	Tuesday	Wednesday	Thursday	Friday
3 Cereal Bar Cherry Craisins Mini Corn Dogs Chicken Tenders Roasted Corn Diced Peaches	4 Cherry Apple Crunch Golden Bananas Beefy Mac & Cheese Chicken Quesadilla Refried Beans Fresh Grapes	5 Creamy Carrot Bun Apple Sauce Pepperoni Pockets Steamed Broccoli Cinnamon Apples	6 Super Donut Grape Escapes Rotini & Meat Sauce Deli Sub Sandwich Green Beans Berry Medley	7 Lemon Chip Crunch Apple Slices Sea Shapes Nuggets Cheeseburger Carrot Coins Sweet Orange Slices
10 Coco Puffs Cereal Bar Blue Raspberry Raisins Pepperoni Or Cheese Pizza Wedge Mexicali Corn Fruit Cocktail	11 Blueberry Vanilla Bites Golden Bananas Beef Soft Tacos Orange Chicken Bowl Broccoli Bites Melon Medley	12 Banana Pancakes Apple Chips Nacho Pockets Spring Salad Mix Fresh Grapes	13 Cherry Frudel Fruit Cup Bean/Cheese Burrito Crispy Clucker Carrot Coins Sweet Orange Slices	14  No School
17  Cinnamon Toast Bar Strawberry Raisins Pepperoni Or Cheese Pizza Wedge Roasted Corn Diced Pears	18 Strawberry Pop-Tart Watermelon Craisins Breakfast For Lunch! Nacho Supreme Tater Tots Sweet Orange Slices	19 Coco Dot Muffin Grape Escapes Pepperoni Bosco Stick Carrot Coins Cinnamon Apples	20 Cinnamon Bagel Bar Rainbow Gala Apple Cheesy Enchiladas Pulled Pork Sandwich Broccoli Bites Berry Medley	21 Honey Bun Apple Slices Chicken Posole Filet O Fish Sandwich Refried Beans Fresh Fruit Variety
24 Cinnamon Toast Bar Strawberry Raisins Pepperoni Or Cheese Pizza Wedge Roasted Corn Diced Pears	25 Donut Fritters Golden Bananas Beefy Spaghetti Chicken Taquitos Steamed Broccoli Sweet Orange Slices	26 Blueberry Muffin Apple Sauce Grilled Cheese Carrot Coins Mixed Berries	27 Apple Frudel Strawberry Apple Chips Chicken Tater Bowl Baked Mozzarella Celery Sticks Peach Slices	28 Mini Cinnis Fruit Cup Sea Shapes Nuggets Cheese Chalupa BBQ Baked Beans Fresh Fruit Variety

# HAPPY NEW YEAR

**Free School Meals**

**ALL MEALS ARE FREE FOR ALL STUDENTS ALL YEAR !**  
 All households should still apply for free/reduced meals in order to qualify for P-EBT benefits, and other school funding opportunities!