

Heritage Elementary School Williams January Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
9	10	11	12	13
Wildberry Waffle 100% Fruit Juice Cherry Craisins Cheese or Pepperoni Pizza Baked Potato Wedges Sliced Pears	Bagel & Cream Cheese Applesauce Raspberry Raisins Chicken Quesadilla Steamed Broccoli Sweet Orange Slices	Mini Pancakes Fresh Grapes Apple Chips Soft Pretzel w/Cheese Mixed Vegetables Cinnamon Apples	Apple Frudel 100% Fruit Juice Orange Craisins Sloppy Joes Refried Beans Melon Medley	French Toast Sticks Gala Apple Grins Raisins Crispy Fish Sticks / Roll Sweet Potato Fries Mixed Berries
16	17	18	19	20
 Strawberry Bagel Bar Fruit Cup Strawberry Raisins Sausage Calzone BBQ Baked Beans Fresh Grapes	Breakfast Bites Fresh Grapes Apple Chips Beefy Taco Stick Carrot Coins Mixed Berries	Super Banana Bread 100% Fruit Juice Blueberry Craisins Chicken Alfredo / Roll Mixed Vegetables Sweet Orange Slices	Creamy Carrot Bun Red Delicious Apple Watermelon Raisins Baked Chicken / Roll Steamed Broccoli Golden Bananas	
23	24	25	26	27
Lemon Chip Crunch 100% Fruit Juice Cherry Craisins Corn Dog On A Stick Vegetable Medley Fruit Cocktail	Blueberry Muffin Applesauce Raspberry Raisins BBQ Rib Sandwich Steamed Broccoli Melon Medley	Super Donut Fresh Grapes Apple Chips Bosco Pepperoni Stick Carrot Sticks / Ranch Mixed Berries	Cinnamon Bagel 100% Fruit Juice Orange Craisins Cheeseburger Shoestring Potatoes Sweet Orange Slices	Co Co Dot Muffin Apple Slices Raisins Rotini & Meat Sauce Refried Beans Fresh Grapes
30	31			
Cinnamon UBR 100% Fruit Juice Cranberry Craisins Cheese or Pepperoni Pizza Curly Q Potatoes Apple Slices	Mini Donuts Fruit Cup Strawberry Raisins Spaghetti & Meat Steamed Broccoli Sweet Orange Slices			

Paid Lunch Price - \$2.85
Reduced Price Lunch - \$0.40
Breakfast is FREE for all!

Apply For **FREE** or **REDUCED** Lunches at [HESGLENDALE50-DOLLUNCHAPP.COM](https://www.hesglendale50-dollunchapp.com)

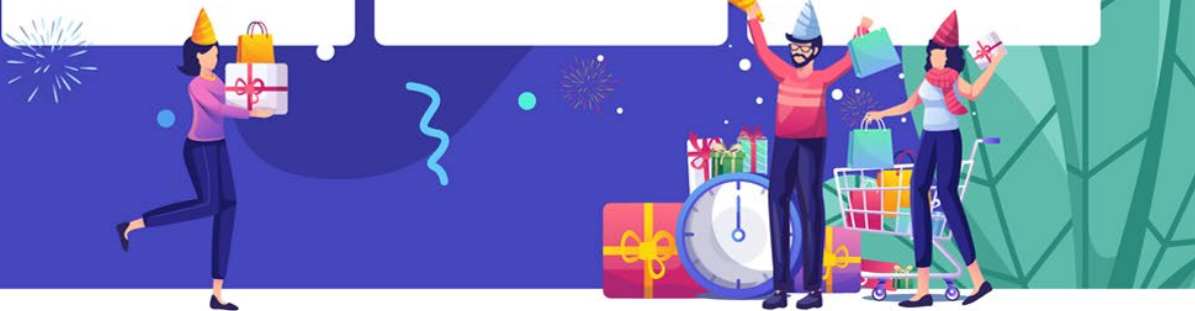
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**** We Are Experiencing Supply Chain Disruptions****
This Menu Is Subject To Change

JANUARY SNACK MENU 2023

Heritage Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	WG Baked Doritos 4 100% Fruit Juice	Goldfish Pretzel Crackers 5 100% Fruit Juice	WG Chocolate Chex Mix 6 100% Fruit Juice
WG Baked Funyuns 9 100% Fruit Juice	Graham Crackers String Cheese 10 100% Fruit Juice	Cheddar Goldfish Crackers 11 100% Fruit Juice	Cinnamon Apple Loaf 12 100% Fruit Juice	WG Cheddar Cheez-Its 13 100% Fruit Juice
16 No School Today	WG Baked Cheetos 17 100% Fruit Juice	Banana Muffin 18 100% Fruit Juice	Chili Cheese Fantastix 19 100% Fruit Juice	Scooby-Doo Grahams 20 100% Fruit Juice
Goldfish Pretzel Crackers 23 100% Fruit Juice	Strawberry Pop-Tart 24 100% Fruit Juice	WG Baked Doritos 25 100% Fruit Juice	WG Strawberry Chex Mix 26 100% Fruit Juice	Graham Crackers String Cheese 27 100% Fruit Juice
WG Baked Cheetos 30 100% Fruit Juice	WG Baked Funyuns 31 100% Fruit Juice			



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