

Heritage Elementary School Williams January Menu



1% milk, fat-free flavored & skim milk are available for breakfast and lunch. Craisins, raisins, and dried apple chips are also available in addition to breakfast menu items.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3



6	7	8	9	10
Fudge Pop-Tart 100% Fruit Juice Mini Honey Grahams Chicken Tenders / Roll Sweet Potato Fries Fresh Fruit Variety	Carrot Top Muffin Apple Grins Cheese Cubes Hot Diggity Dog Crinkle Cut Zucchini Sweet Orange Slices	Coco Puff's Cereal Pineapple Fruit Cup Giant Vanilla Goldfish Cheeseburger BBQ Baked Beans Sliced Pears	Super Banana Bread 100% Fruit Juice String Cheese Chicken Alfredo / Roll Steamed Broccoli Cinnamon Applesauce	Cinnamon Bun Golden Bananas Peach Yogurt Stuffed Crust Cheese Or Pepperoni Pizza Curly Q Potatoes Sliced Strawberries

13	14	15	16	17
Mini Donuts 100% Fruit Juice Tiger Grahams Breakfast 4 Lunch! Tater Smiles Sliced Peaches	Confetti Pancakes Fresh Grapes Cheese Cubes BBQ Chicken / Roll Carrot Coins Gala Apple Slices	Lucky Charms Cereal Strawberry Applesauce Honeybun Goldfish Beef Taco Stick Mixed Vegetables Sweet Orange Slices	Blueberry Muffin Top 100% Fruit Juice String Cheese Spaghetti & Meat Sauce Steamed Broccoli Fresh Grapes	French Toast Sticks Apple Grins Vanilla Yogurt Chicken Quesadilla Refried Beans Melon Medley

20	21	22	23	24
	Lemon Chip Crunch Apple Grins Cheese Cubes Beef Nacho Supreme Cali Blend Veggies Applesauce	Froot Loops Cereal Mandarin Fruit Cup Vanilla Chat Snacks Crispy Clucker Baby Carrots / Ranch Sliced Pears	Mini Cinnis 100% Fruit Juice String Cheese Mandarin Chicken Broccoli Bites Sliced Strawberries	Breakfast Bites Golden Bananas Strawberry Go-Gurt Stuffed Crust Cheese Or Pepperoni Pizza Mixed Salad Greens Fresh Fruit Variety

27	28	29	30	31
Apple Frudel 100% Fruit Juice Mini Honey Grahams Porky Mac & Cheese Roasted Corn Golden Bananas	Double Chocolate Muffin Fresh Grapes Cheese Cubes Cheese Enchiladas Refried Beans Gala Apple Slices	Trix Cereal Cinnamon Applesauce Giant Vanilla Goldfish Bosco Pizza Stick Vegetable Medley Sweet Orange Slices	Strawberry Bagel Bar 100% Fruit Juice String Cheese Baked Chicken / Roll Steamed Broccoli Fresh Grapes	Mini Donuts Apple Grins Peach Yogurt Chili Bowl / Cornbread Sweet Potato Tots Melon Medley

Free Breakfast and Lunch for all students!

Meals are FREE for all students - no need to complete a meal application!
This Institution Is An Equal Opportunity Provider

HERITAGE ELEMENTARY SCHOOL

January Snack Menu

Monday

Tuesday

Wednesday

Thursday

Friday



1
No School Today

2
No School Today

3
No School Today

6
Rainbow Goldfish Crackers
100 % Fruit Juice

7
WG White Cheddar Popcorn
100 % Fruit Juice

8
Cheez-Its
Fresh Fruit Variety & Orange Craisins

9
WG Baked Cheetos
100 % Fruit Juice

10
WG Rice Krispie Treat
100 % Fruit Juice

13
WG Nacho Cheese Doritos
100 % Fruit Juice

14
WG Blueberry Nutri-Grain Bar
100 % Fruit Juice

15
Chex Mix
Apple Slices & Raspberry Raisins

16
WG Graham Crackers & String Cheese
100 % Fruit Juice

17
WG Chocolate Chip Oatmeal Bar
100 % Fruit Juice

20
No School Today

21
Goldfish Pretzel Crackers
100 % Fruit Juice

22
Cheez-Its
Fresh Fruit Variety & Strawberry Craisins

23
WG White Cheddar Popcorn
100 % Fruit Juice

24
WG Rice Krispie Treat
100 % Fruit Juice

27
WG Graham Crackers & String Cheese
100 % Fruit Juice

28
WG Nacho Cheese Doritos
100 % Fruit Juice

29
Chex Mix
Apple Slices & Watermelon Raisins

30
WG Baked Cheetos
100 % Fruit Juice

31
WG Strawberry Nutri-Grain Bar
100 % Fruit Juice

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